

Local and National Training Opportunities, Conferences, Networking and Events

Updated 13 March 2023

Date and Location	Detail
MARCH 2023	
<p>Safer Sleep Week, 13-19 March 2023</p>	<p>Safer Sleep Week will take place during 13-19 March 2023</p> <p>The Lullaby Trust website has lots of information and tips for parents and carers of babies, and people working with families on safe sleeping. This includes:</p> <p>The best sleeping position for your baby: www.lullabytrust.org.uk/safer-sleep-advice/sleeping-position/</p> <p>The best mattress and bedding for your baby: www.lullabytrust.org.uk/safer-sleep-advice/mattresses-and-bedding/</p> <p>Safer sleep in colder weather: www.lullabytrust.org.uk/safer-sleep-advice/safer-sleep-winter/</p> <p>Safer Sleep for Dad's at the Dad's Zone: www.lullabytrust.org.uk/safer-sleep-advice/dads-zone/</p> <p>Safer Sleep for babies when away from home or in emergency situations: www.lullabytrust.org.uk/safer-sleep-advice/safer-sleep-for-babies-away-from-home-or-in-emergency-situations/</p> <p>And more at: www.lullabytrust.org.uk/safer-sleep-advice/</p> <p>The Lullaby Trust also has an area specific for those who work with families which includes video resources and publications: https://www.lullabytrust.org.uk/professionals/</p>
<p>BANES Children and Young People's Network, 14 March 2023, Bath</p>	<p>Through partnership and representation, The Children & Young People's Network aims to inform, raise the profile and empower the sector to improve the lives of the children & young people in BANES they work with. It supports organisations to network and maintain up to date knowledge about issues that affect their work as well as supporting representation from the voluntary and community sector to be involved in decision making on strategic level boards within B&NES.</p> <p>Their next meeting will have presentations from:</p> <ul style="list-style-type: none"> • Tessa Armstrong, Founder & Executive Director of Voices for Life • Melanie Hodgson, Live Well B&NES Team Lead • Milly Carmichael, B&NES Health Improvement Officer – Food Poverty

	<ul style="list-style-type: none"> Rosie Greuter, CAMHS Clinical Team Manager, B&NES Community Child & Adolescent Mental Health Service <p>Date: 14 March 2023 Time: 12.30pm – 2.30pm Location: Odd Down Community Centre, Bath, BA2 2TL Cost: Free</p> <p>https://www.bapp.org.uk/cypn/</p>
<p>Tackling the housing crisis the local way, 15 March 2023, Online</p>	<p>Building more and better-quality homes is vital to meeting the needs of current and future generations. Communities are more comfortable with development when it creates the homes people want in the places they want to live.</p> <p>Is it true that self-builds take years to complete, cost a fortune and end up a sprawling, wacky or unattractive? Only some people understand the extent to which custom and self-build can deliver more homes while providing a host of other benefits.</p> <p>Join the National Association of Local Councils (NALC) to learn about the local economic benefits, improved sustainability, reduced churn in communities and fewer objections to the development, along with tools for success and the next steps for local councils to understand how self and custom build could make a positive difference to their communities.</p> <p>Speaker: Jeremy Christophers (Right to Build Task Force)</p> <p>Date: 15 March 2023 Time: 12pm – 1.15pm Location: Online Cost: From £39.22</p> <p>https://www.eventbrite.co.uk/e/tackling-the-housing-crisis-the-local-way-with-custom-and-self-build-homes-tickets-520389778837?aff=mailchimp&mc_cid=03f8e3d920&mc_eid=cf539f70f5</p>
<p>Social Media Strategy for Small Businesses, 15 March 2023, Online</p>	<p>Join Cool Ventures for this free training. It's available to small businesses, small charities, sole traders and residents based in South Gloucestershire and Bath & North East Somerset.</p> <p>To access 12 hours of free business support please submit the below registration form: https://coolventures.co.uk/registration-form-business-support/</p> <p>Do you feel overwhelmed with social media marketing?</p> <p>Don't know where to start and how to get organised to achieve better engagement?</p> <p>Not sure which social media channels to concentrate on or what to post about?</p>

	<p>In this 3-hour webinar, you will learn:</p> <ul style="list-style-type: none"> • How to understand your customer and define your objectives. • How to create a social media content plan that will attract your target audience. • How to monitor your results. • The different social media platforms and which ones will benefit you and your business. • How to handle difficult reviews, comments and customers. • Hints, tips and tools to help you implement your strategy, including scheduling tools like Hootsuite and content design tool Canva. • How to create a social media strategy and content that works for you and your business. • What the next steps are for your business - during this webinar you will complete a survey to identify the gaps (if any) in your knowledge and experience required to implement your social media strategy. <p>Date: 15 March 2023 Time: 6pm – 9pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/social-media-strategy-for-small-businesses-tickets-460795761527</p>
<p>3SG's Spring Social, 16 March 2023, Bath</p>	<p>3SG's quarterly, informal catch up for those involved in the VCSE sector offers an opportunity to connect with others working or volunteering for local charities, social enterprises, church or community groups in Bath and North East Somerset. It is an informal charity networking event with some refreshments provided.</p> <p>Date: 16 March 2023 Time: 4.30pm – 6.30pm Location: Double Tree, Hilton Hotel, Walcot Street, Bath BA1 5BJ Cost: Free for members. £15 for non-members</p> <p>https://www.3sg.org.uk/event-details/3sg-spring-social-1</p>
<p>Celebration of Local Business and Third Sector Support Plus Networking, 17 March 2023, Keynsham</p>	<p>Join BANES 3SG and partners for a Celebration of Local Business and Third Sector Support plus Networking, in Keynsham. Go along to mark the achievements of local programmes with Cool Ventures, and to network with local businesses, charities, and social enterprises.</p> <p>Date: 17 March 2023 Time: 10am – 12.30pm Location: Community Space (above the Library), Keynsham BS31 1FS Cost: Free</p> <p>https://www.3sg.org.uk/event-details/celebration-of-local-business-and-third-sector-support-networking</p>

<p>Every Victim Matters, 20 March 2023 (Online)</p>	<p>The Diversity Trust, SARI and SWAN Advocacy invite professionals working in BANES, North Somerset and Somerset to their Every Victim Matters FREE Hate Crime Awareness Training Sessions funded by National Lottery Community Fund.</p> <p>Within the three-hour session, each organisation will be leading on their speciality; SARI on Race and Faith Hate Crime, The Diversity Trust on LGBTQ+ Hate Crime and SWAN Advocacy on Disability Hate Crime.</p> <p>This session will equip professionals with knowledge and confidence on the following:</p> <ul style="list-style-type: none"> • Different types of Hate Crime • How to support someone who has been a victim of Hate Crime. • How to recognise and report Hate Crime and Hate Incidents. • Best Practice. <p>Date: 20 March 2023 Time: 2pm – 5pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/every-victim-matters-hate-crime-awareness-session-tickets-335271515127</p>
<p>Bath Women’s Fund Potluck Picnic, 20 March 2023, Bath</p>	<p>The Bath Women's Fund Potluck Picnic to celebrate International Women's Day will be held at The Studio, an inspiring coworking space for local micro-businesses where creative and tech ideas flourish. They will focus on Women in Tech as part of their March focus on the 2023 International Women's Day theme of #EmbraceEquity.</p> <p>Hear from Abi Branagan, Studio Manager, and some of the Residents - amazing local women in tech. One of the Residents is Annie Legge, Bath Women's Fund member, who will talk about her work through DOT Project and Tech4Good South West, including the new podcast.</p> <p>Please bring a non-alcoholic bottle or a plate of whatever you would like to share - savoury or sweet, but you are welcome to bring your own food if you prefer not to eat from shared dishes. They will also have an update on the grant programme for Bath Women's Fund in 2023 following the deadline for expressions of interest on 20th February.</p> <p>Date: 20 March 2023 Time: 6pm – 8pm Location: The Studio 10 Palace Yard Mews Bath BA1 2NH Cost: Free</p> <p>Further information and book your place on Eventbrite.</p> <p>https://www.eventbrite.co.uk/e/bath-womens-fund-potluck-picnic-at-the-studio-tickets-545182815477</p>

	<p>Please also save the date for the next Potluck Picnic in Carers' Week - 8 June at The Carers' Centre.</p>
<p>Instagram for Small Businesses, 21 March 2023, Online</p>	<p>Join Cool Ventures for this free training. It's available to small businesses, small charities, sole traders and residents based in South Gloucestershire and Bath & North East Somerset.</p> <p>To access 12 hours of free business support please submit the below registration form: https://coolventures.co.uk/registration-form-business-support/</p> <p>This workshop is ideal if you're ready to capitalise on the power of Instagram as part of your marketing arsenal. It's a great free tool for small business owners to make the most of, in order to be seen by more Dream Customers and Clients – and that means making more sales.</p> <p>You'll takeaway tips to step up your business' Instagram presence, with immediate action steps.</p> <p>We'll cover how to:</p> <ul style="list-style-type: none"> • Set up your profile bio so it's follower-worthy. • Better understand Instagram's algorithm (and leverage it!) • Create content that will attract followers AND customers. • Solve the mystery of hashtags, and other method to grow your reach. • Be confident in how often you should post for *your* brand <p>Date: 21 March 2023 Time: 10am – 1pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/instagram-for-small-businesses-registration-479147050727</p>
<p>Safeguarding Training for Volunteers, 21 March 2023, Online</p>	<p>Do you volunteer your time helping others in your community? If so then someday it might be vital to know how to spot signs of risk, abuse or exploitation, and know what you can do about it.</p> <p>This session will be practical and highly interactive. Using a range of exercises and materials it will introduce you to the basic safeguarding concepts:</p> <p>What is abuse, what are the signs of abuse, what should you do if you think someone is at risk?</p> <p>Giving you a clear understanding of our roles and responsibilities in preventing abuse to others.</p> <p>Date: 21 March 2023 Time: 2pm - 4pm Location: Online</p>

	<p>Cost: Free</p> <p>https://www.wellbeingcollegebanes.co.uk/Activity/online-safeguarding---adults-and-children---st-mungo-s/10514</p>
<p>Purpose, Values and Rebranding Insights: Lunch and Learn with RUHX, 22 March 2023 (Online)</p>	<p>Join the team at RUHX to hear about their experience of finding new purpose, values and brand strategy which resulted in a new charity name and brand identity which launched in 2022.</p> <p>More details to follow.</p> <p>Date: 22 March 2023 Time: 1pm – 2pm Location: Online Cost: Free</p> <p>https://www.3sg.org.uk/event-details/purpose-values-and-rebranding-insights-lunch-and-learn-with-ruhx</p>
<p>Bath Spa University Flourish Café, 22 March 2023, Bath</p>	<p>FlourishCafé is the brainchild of Dr Eri Mountbatten-O’Malley, a senior lecturer in Education Policy at Bath Spa University, who is passionate about creating opportunities for communities to flourish.</p> <p>The second Bath event, “We Are The People in the Forest: imaginative activism for all” will focus on creating imaginative solutions to the climate emergency and raising awareness of our deep connection to nature. One of the partners at the event will be fellow Bath Spa academic and co-creator of the award-winning Forest of Imagination, Dr Penny Hay.</p> <p>Date: 22 March 2023 Time: 2pm – 5pm Location: Bath Spa Sion Hill Campus BA1 5SF Cost: Free</p> <p>https://www.flourishcafe.org/</p>
<p>Festival of Sustainable Business Conference, 23 March 2023, Bristol and Online</p>	<p>The Festival of Sustainable Business Conference encompasses critical sustainability themes.</p> <p>With 5 seminars taking place over the day, the event will delve into ways businesses can act on their sustainability, ensuring education, knowledge-sharing and the development of better business practices.</p> <p>Come and network with inspiring organisations, learn from engaging experts and get motivated to progress your sustainability journey.</p> <p>All physical attendees are invited to enjoy a vegan selection of food as part of their ticket.</p> <p>Date: 23 March 2023 Time: 8am – 7pm Location: The Bristol Hotel & Online (Hybrid Event, Prince Street Bristol BS1 4QF</p>

	<p>Cost: From £14.61</p> <p>Find out more:</p> <p>https://www.festivalofsustainablebusiness.co.uk/conference-overview</p> <p>Book:</p> <p>https://www.eventbrite.co.uk/e/festival-of-sustainable-business-conference-tickets-461776825917</p>
<p>Bath College Adult Open Evening, 23 March 2023, Bath</p>	<p>Bath College is holding an information evening for their Adult Skills provision.</p> <p>You can chat to our team and find out about ways you can upskill, gain new qualifications or change your career, all around your busy life.</p> <p>They have many different provisions, each designed to fit around work, childcare commitments and your day to day life. It's never too late to consider gaining new skills and qualifications</p> <p>To attend this event, simply register using the Eventbrite link</p> <p>Date: 23 March 2023 Time: 4pm – 7pm Location: Bath City Campus, Avon Street Bath BA1 1UP Cost: Free</p> <p>https://www.bathcollege.ac.uk/openevents</p>
<p>How your charity can advertise volunteer opportunities locally, 27 March 2023, Online</p>	<p>Join 3SG, St Mungos, and the BaNES Community Volunteer Service to discover how and where to advertise volunteer opportunities locally. More details to follow</p> <p>Date: 27 March 2023 Time: 3pm – 4pm Location: Online Cost: Free</p> <p>https://www.3sg.org.uk/event-details/banes-community-volunteer-service-how-your-charity-can-advertise-volunteer-opportunities-locally</p> <p>The session will be repeated on 29 March in the evening.</p>
<p>Bath Social Impact Network March Virtual Networking, 28 March 2023 (Online)</p>	<p>Join Bath Spa University and 3SG for the Bath Social Impact Network March virtual networking event. You will hear from The Community Farm, Chew Magna on the highs, and lows, of their social enterprise journey. Also, from Dorothy House who will explain setting up Ubiety, their social enterprise arm.</p>

	<p>There'll be opportunities for networking with fellow members as well as time for Q+As.</p> <p>You'll be sent a link to join the online session once you've reserved your space.</p> <p>Date: 28 March 2023 Time: 11am – 12.30pm Location: Online Cost: Free</p> <p>https://www.3sg.org.uk/event-details/bath-social-impact-network-march-virtual-networking</p>
<p>Local Councils and Emergency Planning, 29 March 2023, Online</p>	<p>The outbreak of COVID-19 has highlighted that unexpected events can and do happen, with the potential to change how we live our lives.</p> <p>Local (parish and town) councils are essential to many communities, so they must be prepared for potential emergencies. From weather or climate-related to future public health crises.</p> <p>Join NALC to learn more about emergency resilience planning and what your local council can do.</p> <p>Date: 29 March 2023 Time: 12pm – 1.15pm Location: Online Cost: From £39.22</p> <p>https://www.eventbrite.co.uk/e/what-local-councils-can-do-about-emergency-planning-tickets-481518905007?aff=website</p>
<p>BaNES Community Volunteer Service - How to become a volunteer locally, 29 March 2023, Online</p>	<p>Join 3SG, BaNES Community Volunteer Service and St Mungos, to find out more about volunteering locally and how to get involved.</p> <p>Date: 29 March 2023 Time: 6pm – 6.45pm Location: Online Cost: Free</p> <p>https://www.3sg.org.uk/event-details/banes-community-volunteer-service-how-to-become-a-volunteer-locally</p>
<p>Ageing Well Network, 30 March 2023, Bath</p>	<p>Join 3SG and other organisations working with older people to help shape the future of Ageing Well across Bath & North East Somerset.</p> <p>At the last scoping meeting we discussed how a network could best reflect the needs of organisations and identify services that are not widely known, develop and share innovative ideas and offer support, eg. supply of volunteers and areas of funding.</p> <p>Date: 30 March 2023 Time: 2pm – 4pm</p>

	<p>Location: St John's Foundation Boardroom, 4-5 Chapel Court, Bath BA1 1SQ Cost: Free</p> <p>https://www.3sg.org.uk/event-details/ageing-well-network</p>
<p>3SG Leaders' Network, 30 March 2023, Online</p>	<p>The 3SG holds a monthly Leaders' Network meeting for its members, which they alternate between in-person and online to accommodate for different individuals' preferences. They often have speakers and focus on a particular theme for the network meetings.</p> <p>Leaders take many forms in the third sector, from CEOs to Trustees and Volunteers generously giving their time, so please do come along.</p> <p>Date: 30 March 2023 Time: 2pm – 3.15pm Location: Online Cost: Free</p> <p>https://www.3sg.org.uk/event-details/leaders-network-2023-03-30-14-00</p>
APRIL 2023	
<p>Creating Your Business Growth Roadmap, 19 April 2023, Bath</p>	<p>Join Cool Ventures for this free training. It's available to small businesses, small charities, sole traders and residents based in South Gloucestershire and Bath & North East Somerset.</p> <p>To access 12 hours of free business support please submit the below registration form: https://coolventures.co.uk/registration-form-business-support/</p> <ul style="list-style-type: none"> • Would you like support to recover, regenerate and grow your business? • Would you like to put a plan in place ? • Would you value the opportunity to network with like-minded peers? <p>This practical in-person workshop is aimed at helping you to put a plan in place to help develop and grow your business.</p> <p>Regardless of where you are in your business growth journey right now, the Business Growth Roadmap workshop will help you:</p> <ul style="list-style-type: none"> • Create a framework for you to develop your own business growth strategy together with some simple steps to help you implement it. • Be clear about your direction of travel. • Focus on gaining clarity around your personal shareholder aspirations, the underpinning values and beliefs that drive your business/brand identity and how this translates into building value in your business.

	<ul style="list-style-type: none"> • Plan the route. We will guide you through future proofing your business, unlocking the market opportunities that give you the returns you need to sustain and grow, before simplifying these into a clear strategic focus. • Drive results. Planning is the easy bit; the key is to engage your team and build a leadership team around you that share your values and vision for the future. Your team must be capable of making things happen without you being the only one in the driving seat. <p>Date: 19 April 2023 Time: 10am – 1pm Location: The Bath & County Club, Queen's Parade Bath BA1 2NJ Cost: Free</p> <p>https://www.eventbrite.co.uk/e/creating-your-business-growth-road-map-bath-registration-537224642367</p>
<p>Fundraising & Communications Network, 20 April 2023, TBC</p>	<p>This is an opportunity to meet and connect with others involved in fundraising and communication across Bath and North East Somerset's Third Sector.</p> <p>Date: 20 April 2023 Time: 10.30am – 12pm Location: TBC but will be in person Cost: Free</p> <p>https://www.3sg.org.uk/event-details/fundraising-communications-network-5</p>
<p>How to Improve Your Website's Ranking on Google, 25 April 2023, Online</p>	<p>Join Cool Ventures for this free training. It's available to small businesses, small charities, sole traders and residents based in South Gloucestershire and Bath & North East Somerset.</p> <p>To access 12 hours of free business support please submit the below registration form: https://coolventures.co.uk/registration-form-business-support/</p> <p>Do you want to see your website appear first on Google whenever you search for the key words relevant to your business?</p> <p>Do you often wonder why your competitors appear higher than you on Google when you think you are doing everything you should be?</p> <p>During this webinar, you will:</p> <ul style="list-style-type: none"> • Be able to research keywords and see what your competitors are doing online. • Understand how to structure your pages so Google can read and understand it. • Learn how to measure your Google rank position and what steps can help to improve it. • This webinar will also include an Q&A session, allowing you to ask those niggling marketing questions!

	<p>Date: 25 April 2023 Time: 10am – 1pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/how-to-improve-your-websites-ranking-on-google-registration-541236461827</p>
<p>Cyber Security Training for Small Charities, 25 April 2023, Online</p>	<p>Do you know how to protect your organisation against a cyber-attack? Have you thought about the risks to your charity if you were hacked, phished or your online presence crashed?</p> <p>3SG has partnered with NAVCA and the National Cyber Security Centre (NCSC) to bring you a short training on the essentials you need to know around cyber security.</p> <p>The session will be broken into three main parts:</p> <ul style="list-style-type: none"> • What cyber-attacks could a small charity fall victim to? • What simple steps can you take to enhance your cyber security? • What should we do if we suffer a cyber-attack? <p>Date: 25 April 2023 Time: 10.30am – 12pm Location: Online Cost: Free</p> <p>https://www.3sg.org.uk/event-details/cyber-security-briefing-session-2023-04-25-10-30</p>
<p>Safeguarding - Adults and Children for Volunteers, 25 April 2023, Bath</p>	<p>Do you volunteer your time helping others in your community? If so then someday it might be vital to know how to spot signs of risk, abuse or exploitation, and know what you can do about it.</p> <p>This session will be practical and highly interactive. Using a range of exercises and materials it will introduce you to the basic safeguarding concepts:</p> <p>What is abuse, what are the signs of abuse, what should you do if you think someone is at risk?</p> <p>Giving you a clear understanding of our roles and responsibilities in preventing abuse to others.</p> <p>Date: 25 April 2023 Time: 3pm – 5pm Location: St Michaels Day Centre, St. Michaels Place, Bath BA1 1SG Cost: Free</p> <p>https://www.wellbeingcollegebanes.co.uk/Activity/safeguarding---adults-and-children---st-mungo-s/10518</p>
<p>Beep Beep Day, 26 April 2023</p>	<p>This national day is aimed at 2–7-year-olds and their families, delivers the basics in Road Safety.</p>

	<p>For a free resource pack with tasks on:</p> <ul style="list-style-type: none"> • holding hands with a grown up when walking near roads, • crossing roads at safe places with a grown up • using a child seat when travelling by car. <p>Sign up here: https://www.brake.org.uk/get-involved/for-professionals/teachers-and-youth-workers/beep-beep-days/beep-beep-day-action-pack</p>
<p>MECC Training, 27 April 2023 (Venue TBC)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 27 April 2023 Time: 1.30pm – 4.30pm Location: TBC Cost: Free</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-online-training-tickets-525484878417</p>
<p>3SG Leaders' Network, 27 April 2023, (Venue TBC)</p>	<p>The 3SG holds a monthly Leaders' Network meeting for its members, which they alternate between in-person and online to accommodate for different individuals' preferences. They often have speakers and focus on a particular theme for the network meetings.</p> <p>Leaders take many forms in the third sector, from CEOs to Trustees and Volunteers generously giving their time, so please do come along.</p> <p>Date: 27 April 2023 Time: 5.30pm – 7pm Location: Venue TBC but likely in person Cost: Free</p>

<https://www.3sg.org.uk/event-details/leaders-network-2023-04-27-17-30>

MAY 2023

MECC Training, 4 May 2023 (Online)

Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.

The training consists of one x 3 hour session.

You will:

- be committed to cascading MECC within your place of work
- recognise that MECC is relevant to own role
- it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC

The E-learning modules include:

- Module 1: What is MECC and why is it important
- Module 2: How to have a MECC conversation
- Module 3: Signposting

For further information, please email public_health@bathnes.gov.uk

Date: 4 May 2023
Time: 9.30pm – 12.30pm
Location: Online
Cost: Free

<https://www.eventbrite.co.uk/e/mecc-making-every-contact-count-bsw-tickets-547404239817>

Fighting Climate Change with Local Council Action, 24 May 2023, Online

For many years, organisations such as Friends of the Earth encouraged communities to act globally and think locally to save the planet. Councils do not get any more local than local (parish and town) councils. But despite the warnings of extreme weather phenomena being a regular occurrence unless net zero is reached within a generation – to what extent are local councils heeding this call?

This event will unveil the latest environmental projects local councils across England have been involved in to increase biodiversity and make an impact in reducing climate change.

Join the National Association of Local Councils at this event to discover how a national stakeholder interested in rural sustainability works with communities to save the planet. Hear excellent case studies and get incredible tips to learn how your council can think globally and act locally in the fight against climate change.

Date: 24 May 2023
Time: 12pm – 1.15pm
Location: Online

	<p>Cost: From £39.22</p> <p>https://www.eventbrite.co.uk/e/fighting-climate-change-with-local-council-action-tickets-565086728617?aff=mailchimp&mc_cid=e10633875b&mc_eid=cf539f70f5</p>
JUNE 2023	
<p>MECC Training, 14 June 2023 (Venue TBC)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 14 June 2023 Time: 9.30pm – 12.30pm Location: TBC Cost: Free</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-online-training-tickets-525487787117</p>
<p>BANES Children and Young People’s Network, 14 June 2023, Bath</p>	<p>Through partnership and representation, The Children & Young People’s Network aims to inform, raise the profile and empower the sector to improve the lives of the children & young people in BANES they work with. It supports organisations to network and maintain up to date knowledge about issues that affect their work as well as supporting representation from the voluntary and community sector to be involved in decision making on strategic level boards within B&NES.</p> <p>This meeting will have presentations from:</p> <ul style="list-style-type: none"> • Clean Slate (tbc) • B&NES Parent Carer Forum • Dr Becci Digby, School of Education, Bath Spa University. Updating on developments from the series of Themed Knowledge Cafes

	<p>Date: 14 June 2023 Time: 12.30pm – 2.30pm Location: Odd Down Community Centre, Bath, BA2 2TL Cost: Free</p> <p>https://www.bapp.org.uk/cypn/</p>
<p>3SG's Social, 22 June 2023, Bath</p>	<p>3SG's quarterly, informal catch up for those involved in the VCSE sector offers an opportunity to connect with others working or volunteering for local charities, social enterprises, church or community groups in Bath and North East Somerset. It is an informal charity networking event with some refreshments provided.</p> <p>Date: 22 June 2023 Time: 4.30pm – 6.30pm Location: Newark Works, 2 Foundry Lane, Bath BA2 3DZ Cost: Free for members. £15 for non-members</p> <p>https://www.3sg.org.uk/event-details/3sg-third-sector-social-4</p>
JULY 2023	
<p>MECC Training, 13 July 2023 (Online)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 13 July 2023 Time: 9.30pm – 12.30pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-swindon-tickets-524411658387</p>
AUGUST 2023	

<p>MECC Training, 1 August 2023 (Online)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 1 August 2023 Time: 9.30pm – 12.30pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/mecc-making-every-contact-count-bsw-tickets-547410077277</p>
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SEPTEMBER 2023

<p>MECC Training, 6 September 2023 (Venue TBC)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 6 September 2023 Time: 9.30pm – 12.30pm</p>
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	<p>Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-online-training-tickets-525488318707</p>
<p>3SG's Social, 28 September 2023, Bath</p>	<p>3SG's quarterly, informal catch up for those involved in the VCSE sector offers an opportunity to connect with others working or volunteering for local charities, social enterprises, church or community groups in Bath and North East Somerset. It is an informal charity networking event with some refreshments provided.</p> <p>Date: 28 September 2023 Time: 4.30pm – 6.30pm Location: Newark Works, 2 Foundry Lane, Bath BA2 3DZ Cost: Free for members. £15 for non-members</p> <p>https://www.3sg.org.uk/event-details/3sg-third-sector-social-5</p>
OCTOBER 2023	
<p>MECC Training, 11 October 2023 (Online)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session. Two sessions are running today so you can choose either.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 11 October 2023 Time: 9.30pm – 12.30pm or 1.30pm – 4.30pm Location: Online Cost: Free</p> <p>Morning Session:</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-swinton-tickets-524419251097</p> <p>Afternoon Session:</p>

	https://www.eventbrite.co.uk/e/mecc-making-every-contact-count-bsw-tickets-469177591807
NOVEMBER 2023	
<p>Locality Convention 2023, 7 and 8 November, Bristol</p>	<p>Get up to date on best practices and new approaches community organisations are taking to survive, adapt and thrive. Connect with community leaders and policy makers, make your voice heard and influence for more support for our sector. Come away with the ideas, skills and practical tools you need to achieve more for your community.</p> <p>https://locality.org.uk/</p> <p>Date: 7 and 8 November 2023 Time: TBC Location: Delta Hotels by Marriott Bristol City Centre Cost: TBC</p>
<p>MECC Training, 14 November 2023 (Online)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p> <p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 14 November 2023 Time: 9.30pm – 12.30pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-online-training-tickets-482282338457</p>
DECEMBER 2023	
<p>MECC Training, 7 December 2023 (Online)</p>	<p>Make Every Contact Count (MECC) lets organisations develop skills to empower and support people to take responsibility for their own health and wellbeing.</p> <p>The training consists of one x 3 hour session.</p>

	<p>You will:</p> <ul style="list-style-type: none"> • be committed to cascading MECC within your place of work • recognise that MECC is relevant to own role • it is recommended the following E-learning package should also be completed (which will take up to an hour): www.e-lfh.org.uk/MECC <p>The E-learning modules include:</p> <ul style="list-style-type: none"> • Module 1: What is MECC and why is it important • Module 2: How to have a MECC conversation • Module 3: Signposting <p>For further information, please email public_health@bathnes.gov.uk</p> <p>Date: 7 December 2023 Time: 9.30pm – 12.30pm Location: Online Cost: Free</p> <p>https://www.eventbrite.co.uk/e/bsw-virtual-mecc-making-every-contact-count-swindon-tickets-488500527227</p>
<p>3SG's Social, 7 December 2023, Bath</p>	<p>3SG's quarterly, informal catch up for those involved in the VCSE sector offers an opportunity is an opportunity to connect with others working or volunteering for local charities, social enterprises, church or community groups in Bath and North East Somerset. It is an informal charity networking event with some refreshments provided.</p> <p>Date: 7 December 2023 Time: 4.30pm – 6.30pm Location: Newark Works, 2 Foundry Lane, Bath BA2 3DZ Cost: Free for members. £15 for non-members</p> <p>https://www.3sg.org.uk/event-details/3sg-third-sector-social-6</p>

Ongoing Activities

Event	Description
<p>Interagency Meetings - BANES wide (currently online)</p>	<p>A number of Interagency Network meetings take place across the district each year. They give service providers an opportunity to share information, promote projects or events and improve partnership working. Some of the meetings are organised by Bath & North East Somerset Council and others by partner organisations. The meetings are very informal (do feel free to bring your lunch) and are open to anyone working or volunteering for an organisation in the area.</p> <p>Forthcoming Meetings:</p>

	<p>All meetings are on a Tuesday and take place by Zoom between 12pm and 2pm. Click on the link to register to attend.</p> <p>2023</p> <p>14 March 2023</p> <p>23 May 2023</p> <p>18 July 2023</p> <p>26 September 2023</p> <p>28 November 2023</p> <p>These meetings are currently taking place on-line and will be advertised via our Interagency Bulletin. Sign up to receive it here:</p> <p>https://bathnes.us6.list-manage.com/subscribe?u=aaac7864bba59ea322ceb662d&id=ac4365a3e8</p>
<p>Wellbeing College BANES</p>	<p>The Wellbeing College provides a range of training for staff and volunteers, much of which is free. It also offers community courses designed to improve wellbeing. Some of their courses are featured below but do keep an eye on their website too for the latest opportunities.</p> <p>https://www.wellbeingcollegebanes.co.uk/</p> <p>A number of the featured training sessions are provided by St Mungo's. Their team are also able to provide bespoke training sessions for your organisation's volunteers, catering to their specific needs. If you would like to book a course for your organisation or talk further about our offer, please contact Paul Rimmer: paul.rimmer@mungos.org</p>
<p>Events in B&NES Libraries</p>	<p>Libraries across Bath and North East Somerset, including the Mobile Library, have a fantastic range of events and courses. Visit their website for the latest information:</p> <p>https://bathneslibraries.wordpress.com/monthly-events-calendars/#monthly-event-calendars</p>
<p>Adult Community Learning – Bath College</p>	<p>Bath College Adult Community Learning provides a wide range of courses intended for those who want to improve their chances to find work, support their families or live independently.</p> <p>From art to IT, they have a selection to suit nearly every need and interest taking place at venues across Bath and North East Somerset.</p> <p>Courses are free of charge for people who:</p> <ul style="list-style-type: none"> • Are not currently in work and/or on benefits, and looking for new skills, ideas and advice

	<ul style="list-style-type: none"> • Want to gain skills that will help with volunteering, improving confidence and working within their home and community • Are earning less than £19,305 if a resident of B&NES or £17,374 if outside of the area • Have been a resident in the UK for 3 or more years <p>https://www.bathcollege.ac.uk/acl</p>
Cool Ventures Workshops and Webinars	<p>Cool Ventures have been providing tailored, high quality business support and advice across the West of England for more than 10 years.</p> <p>Having helped hundreds of small businesses to start, grow and thrive, they understand that one size of business support doesn't fit all. They are dedicated to providing tailored business advice to every business and start-up they meet, taking time to listen and understand your aspirations and challenges before developing a programme of support with you to meet your needs.</p> <p>They also help support charities and community organisations. If you or your business is based in Bath & North East Somerset or South Gloucestershire, you are eligible to 12 hours of free business support.</p> <p>Check out their programme of practical workshops or get in touch with to find out how they can help!</p> <p>https://coolventures.co.uk/training/workshops/</p>
Future Bright	<p>If you want to feel better about your work life, Future Bright could offer you a personal career coach to help you develop and achieve your goals.</p> <p>Whether you want to progress and increase your salary, boost your confidence, change career or even just improve your mindset, having someone in your corner to offer support and guidance can make a huge difference.</p> <p>Future Bright is completely free, impartial and tailored towards you.</p> <p>https://www.westofengland-ca.gov.uk/what-we-do/employment-skills/future-bright/</p>
Creativity Works	<p>Creativity Works is a local charity using creativity as a catalyst for personal and social development.</p> <p>Participants can join a range of free weekly groups which cover creative and social interests such as photography and rambling, writing, textiles and cooking. This provides a chance for people experiencing anxiety, depression or other mental health issues to build confidence, learn new skills and make friends.</p> <p>If the participants want a group to continue beyond the initial stage, Creativity Works helps them to move towards independence, providing help with the practicalities such as budgets and planning. Creativity Works remains on hand to provide support, but independence is the goal.</p>

	<p>For their latest opportunities, visit their website:</p> <p>https://www.creativityworks.org.uk/</p> <p>You can also see their March 2023 Wellbeing Activities list here:</p> <p>https://www.bathnes.gov.uk/sites/default/files/march_2023_creative_wellbeing_activities_across_bnes.pdf</p>
Somerset Skills and Learning Courses and Workshops, (online)	<p>Somerset Skills and Learning offer a range of free courses for learners aged 19+, who live in Somerset or BANES, and have lived in the UK for the last three years.</p> <p>Learners must be able to access Zoom and will need to bring a pen and paper to the online workshop.</p> <p>Somerset Skills and Learning also offer bespoke courses and workshops, which can be tailored to the needs of your service users/community. To find out more, contact Lucy Hill by e-mail to lhill@sslcic.co.uk</p> <p>You can find the Somerset Skills and Learning Website here:</p> <p>https://www.sslcourses.co.uk/</p>
Community Farm – Chew Magna	<p>Wellbeing activities on a working vegetable farm overlooking Chew Valley Lake. Find out more about how to grow food, look after wildlife and connect with your wider environment. Activities include:</p> <ul style="list-style-type: none"> • Lakeside Wellbeing - therapeutic mindfulness, movement and creativity programme, 10am - 3pm on Mondays. • Grow and Make - therapeutic horticulture programme, 10am - 3pm on Wednesdays. • Wild Steps - therapeutic conservation programme, 11am-3pm on Thursdays. <p>Other, volunteering opportunities, available too:</p> <p>https://www.thecommunityfarm.co.uk/index.php?option=com_content&view=article&id=3044&Itemid=190</p>
Eco-Wild	<p>EcoWild aims to enhance people’s relationship with the environment, offering inspiring opportunities for engaging with the natural world. Many of their activities take place at Greyfield Woods in High Littleton.</p> <p>For information on all their activities, and to sign up for their monthly newsletter, visit www.ecowild.org.uk</p>
Courses in England – Free Online Training for Training courses	<p>Are you looking to upskill and develop your team? Could your employees or volunteers benefit from some staff training? Free Courses in England is a government-funded scheme offering free, online training courses to organisations of all sizes, and it's worth checking out.</p>

<p>for businesses & organisations - All sectors, all sizes..</p>	<p>Taking advantage of the Free Courses in England scheme can allow third sector organisations to offer learning and development opportunities to their staff, and enhance their in-house skill sets.</p> <p>Courses are delivered online by market-leading training providers, offering nationally recognised qualifications in a wide range of subjects across Mental Health, Business, Digital Skills and Health & Social Care. There are currently 63 training courses available.</p> <p>https://freecoursesinengland.co.uk/training-courses-for-businesses-and-organisations-2/</p>
<p>Bright Start Children's Centres, B&NES</p>	<p>Bright Start Children's Centres' family support workers can support families, if they have at least one child under five years old and will visit clients at home or at one of their Children's Centres. Clients can either be referred by others working with them, or for some courses, clients can approach the team directly. They offer general family support, personal and employment skills support, as well as home learning services.</p> <p>https://beta.bathnes.gov.uk/childrens-centre-services</p>
<p>Healthy Eating and Wellbeing Courses for Families</p>	<p>The Children's Healthy Weight team offers a series of free courses to support children, young people and their families reach and maintain a healthier lifestyle, as well as a healthy weight. The service is provided by HCRG Care Group's B&NES Wellbeing Service, ran within the Community Wellbeing Hub. The courses provided by this service include Cook It!, Leap and HENRY (including Starting Solids and Fussy Eaters)- please see below for more information and upcoming course dates.</p> <p>To book, refer or find out more contact the Community Wellbeing Hub on 0300 247 0050 or email BATHNES.thehub@hrcrgcaregroup.com</p> <p>https://bathneshealthandcare.nhs.uk/childrens/childrenshealthyweight/</p>
<p>Energy Advice, First Wednesday of the month, Bath</p>	<p>Residents wanting to reduce their bills or insulate their homes will be able to get guidance from trained energy experts at a monthly pop-up event in Bath.</p> <p>Staff from the Centre for Sustainable Energy (CSE) will be manning a stall outside Bath Central Library on the first Wednesday of every month</p> <p>The Centre for Sustainable Energy, based in Bristol, is a national charity supporting people and organisations across the UK to tackle the climate emergency and end the suffering caused by cold homes. Their Home Energy Team provides residents in B&NES with free, local and impartial energy advice.</p> <p>The CSE staff can answer questions and provide information about saving energy in the home, keeping warm in winter and lowering fuel bills. They can also explain how to adjust your thermostat, the best way to use electric storage heaters or how to draught proof or insulate your home.</p>

	<p>Residents can also get help managing their gas and electricity bills and find out about any financial assistance which may be available. Residents on low incomes can find out if they are eligible for energy related home improvement grant schemes such as Bright Green Homes, which could fund the installation of insulation, glazing, heat pumps or solar panels.</p> <p>The CES stall will be in place on the first Wednesday of every month, at the top of the stairs in the Podium, from 11am to 2pm.</p> <p>Further information on can be found on the CSE website, which contains plenty of information about saving energy around the home.</p> <p>https://www.cse.org.uk/advice</p> <p>Residents unable to visit the pop-up stall can call the CSE freephone home energy advice line for help on 0800 082 2234, or email info@cse.org.uk.</p> <p>The council's Energy at Home website has information on energy related home improvement grant schemes for B&NES residents on low incomes.</p> <p>https://www.energyathome.org.uk/</p>
<p>Retrofit Skills Bootcamps, WECA</p>	<p>A new training programme to provide West of England residents with retrofit skills to power the region's net-zero drive has been launched by WECA.</p> <p>Skills Bootcamps offer free flexible courses up to 16 weeks, giving people the opportunity to build up sector-specific skills and fast track or launch their career in retrofit. They are designed to ensure adults are able to retrain and upskill whatever their starting point, providing clear line of site to a new role, opportunity or contract.</p> <p>As long as you are over 19 and live or work in areas offering Bootcamps you will be eligible. That includes unemployed, employed and self-employed. The bootcamps are flexible and will involve online guided learning designed to work around your schedule, workshops and assignments.</p> <p>https://retrofitacademy.org/funded-bristol-bath/</p>
<p>We Find Any Learner</p>	<p>This organisation offers opportunities to gain a free Level 2 qualification.</p> <p>The courses they offer take around 30 to 60 hours in total to complete online. You will be given up to 12 weeks to complete your course. You will have tutor support throughout your learning journey. On completion you will be awarded a nationally recognised certificate from CACHE or NCFE.</p> <p>To be eligible, you simply need to be:</p> <ul style="list-style-type: none"> • Over 19 as of the 31 August 2022 • Living in England

	<ul style="list-style-type: none">• Not on an Apprenticeship <p>If this is of interest or you would like further information, then please register your interest by following this link</p> <p>https://www.wefindanylearner.com/course-list/</p> <p>or call 01226 958 888.</p>
Somerset Farmers' Markets	<p>A great place to promote your group or activity. Farmers Markets take place in Midsomer Norton on the first Saturday of the month and in Keynsham on the Second Saturday of the month.</p> <p>https://www.somersetfarmersmarkets.co.uk/</p>