

How to get involved

- You can self refer by calling Liz O’Gorman on 01225 421686
- The following agencies can refer you:
 - ◇ GP
 - ◇ Midwife
 - ◇ Health Visitor
 - ◇ Mental Health Team
 - ◇ Adult Learning Difficulties Team
 - ◇ DHI and SDAS
 - ◇ Social Care
 - ◇ Children’s Centre

Once we are aware that you would like to take part we will contact you and arrange to meet you.



Contact Details

Footprints

117 Newbridge Hill
Bath
BA1 3PT

Phone: 01225 421686
E-mail: liz_o'gorman@bathnes.gov.uk

**Bath & North East
Somerset Council**

Footprints

Leaflet for parents

*Walking alongside parents
towards a brighter future*



**Contact Liz O’Gorman
Telephone Number: 01225 421686**

What we do...

- Support mothers and fathers who have had children removed from their care.
- Provide you with a key worker to support you in ways that are most helpful to you
- Practical activities to boost your confidence, self-esteem and skills in talking and working with others
- Help with worries you have or changes that you want to make to your life such as, education, employment, housing and benefits
- Help to access other agencies that you might benefit from working with, such as drugs and alcohol, learning difficulties or mental health

Our aims...

- To provide you with information and guidance that will support you to make positive changes.
- To help you overcome some of the difficulties that you may have experienced in your life .
- To support you with the loss and grief that you have experienced.

What will happen?

- A key worker will come and meet you for an introductory visit.
- You and your key worker will talk about what it is that you want to achieve and how we can help you to get there
- Your keyworker will support you in areas in your life that you think you need support with (housing, mental health, drugs and alcohol).
- Therapeutic support will be considered and how you can best access this.

