

WHO ARE WE?

As part of the Family Intervention Team Parenting Service, we provide a weekly rolling programme of parenting support via two term-time only parenting groups:

**Tuesdays 10.00am-12.30pm at
117 Newbridge Hill, Bath, BA1 3PT
tel: 01225 421686**

**Fridays 9.30am-12noon mornings at
Keynsham Children's Centre, 65 Westview
Road, Keynsham, Bristol, BS31 2UE
tel: 01225 395400**

WHAT CAN YOU EXPECT FROM THE GROUP?

- Friendly, relaxed atmosphere
- Practical tips that have been tried and tested by parents
- Reinforce your existing skills
- Non-judgemental support and advice
- Flexible programme – come as often as you like
- Tea, coffee and biscuits

What is said in the group stays in the group. However should we have concerns about a child's safety we will, when possible, ask your permission to share those concerns and then decide how we best provide support to ensure a child's safety.

FIND OUT HOW TO . . .

- Improve communication
- Take care of yourself
- Feel more confident
- Build self-esteem
- Encourage co-operation
- Look for positives
- Problem solve

These skills will be achieved through the use of a parenting approach consisting of:

- Ten Parenting tools/life skills
- Group discussion
- Small group interaction
- Guest speakers on relevant topics
- Handouts



HOW TO GET IN TOUCH

Everyone is welcome to drop in; we suggest you ring Ruby Wheeler prior to your initial visit so that you will be expected.



What people like best about the Parenting Support Groups:

“getting the help and advice I need and listening to others' ideas and experiences” HB

“ friendly, a safe place to talk and cry” NH

“advice and support of leaders and participants” CW

“one week you may be ok, the next you're not, it's there for you” AS

“Intuitive, intelligent structured talk, humour and kindness – thank you” ES

**Worn down by your child's
challenging behaviour?**

Tried everything?

Nothing works?



Our aims are to promote successful family relationships encompassing the individual needs of each family member, reducing risk and preventing family breakdown.

***ALL PARENTS AND CARERS
WELCOME***

ANY QUESTIONS?

Ruby Wheeler
Parent Support Worker
01225 421686

Brenda Woolcott
Parent Support Worker
01225 421686

Sarah Rogers
Deputy Team Manager
Family Intervention Team
01225 421686



FAMILY INTERVENTION TEAM

**PARENT
SUPPORT
GROUPS**

