



Wednesdays 1:00pm—4:00pm @ The Walled Garden, Newton St Loe

Thursdays 10:30am—1:30pm @ The Walled Garden, Newton St Loe

And Saturdays 10:00am—1:00pm @ St. Martin's Garden School, Odd Down

# Nurturing our gardeners

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Social & Therapeutic Gardening





# Successful outcomes

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Now working for BANES Park, BathMind, Self Employed Gardener





# Restoration of soil and hearts

Loving people and places  
back to full life



## FINAL DESIGN For Social & Therapeutic Gardening Charity

### KEY

**G TREE GUILDS**  
G1 PRUNUS DOMESTICA 'MAYOR'S SEEDLING'  
G2 AMELANCHIER ALNIFOLIA 'MARTIN'  
G3 PRUNUS DOMESTICA 'FARLEIGH'  
G4 PYRUS COMMUNIS 'ONWARD'  
G5 PRUNUS DOMESTICA 'EARLY PROLIFIC'  
G6 PYRUS COMMUNIS 'CONCORDE'  
G7 PRUNUS DOMESTICA 'CAMBRIDGE GAGE'  
G8 AMELANCHIER ALNIFOLIA 'SMOKY'

**F FRUIT**  
F1 LONICERA CAERULEA 'WOJTEK'  
F2 ARONIA MELANOCARPA 'Viking'  
F3 LONICERA CAERULEA 'HONEY BEE'  
F4 RIBES UVA-CRISPA 'INVICTA'  
F5 ACCA SELLOWIANA  
F6 RIBES UVA-CRISPA 'ACHILLES'  
F7 RIBES NIGRUM 'BEN HOPE'  
F8 RIBES NIGRUM 'BEN CONNAN'  
F9 RIBES NIGRUM 'BEN LOMOND'  
F10 RIBES RUBRUM 'JUNIFER'  
F11 MYRTUS LIGNI  
F12 LYCUM BARBARUM 'BIG LIFE BERRY'

**NF NITROGEN FIXERS**  
NF1 ELAEAGNUS × EBBINGEI  
NF2 CEANOTHUS 'BLUE MOUND'  
NF3 ELAEAGNUS MULTIFLORA 'SWEET SCARLET'  
NF4 CEANOTHUS 'BURNWOOD'  
NF5 CEANOTHUS 'GLOIRE DE VERSAILLES'

**N NUTS**  
N1 CORYLUS AVELLANA 'COSFORD'  
N1 CORYLUS AVELLANA 'KENT COB'  
N1 CORYLUS AVELLANA 'PEARSON PROLIFIC'

**T TREES**  
T1 MALUS SYLVESTRIS  
T2 CRATAEGUS MONOGYNA  
T3 SAMBUCUS NIGRA  
T4 SORBUS AUCUPARIA  
T5 CORYLUS AVELLANA

1 TOILETS  
2 COMMUNITY HUT  
3 TOOL SHED  
4 POLYTUNNEL  
5 EXISTING GARAGE  
6 COMPOST AREA  
7 WOODCHIP AREA  
8 HERB SPIRAL

RAISED BEDS  
PERENNIALS  
CUT FLOWERS  
VEGETABLES  
Scale (metres)  
0 5 10 15





# Partnering with businesses



Selling Produce to Farm Shop  
& Café at Newton St Loe



Volunteering employees from  
local firms





# Benefitting volunteers

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Community Engagement with Men's Groups, Good Gym, The Big Help Out



# Gardening for Mental Fitness

Appreciating Nature & Mindfulness

Practical Horticulture & Making Community Herb Gardens



Starting in Autumn 2023

Tuesdays 10:30am—1:30pm  
@ Parks Nursery, Victoria Park  
Bath





# Grow for Life

Transforming lives through gardening

## Contact us

We'd love to hear from you!

07729906223

[info@growforlife.org.uk](mailto:info@growforlife.org.uk)

[www.growforlife.org.uk](http://www.growforlife.org.uk)



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