

**Get Active into Work – Pilot Programme**

The pilot will use the principles of sports leadership to get people into work, education or training.

Start date: **Thursday 25th October**

End date: **Friday 7th December**

Registered participants should report to the Bath Rugby Club House, The Recreation Ground, Bath BA2 6PW at **9:00 am**

The programme will run for two days per week (9:30 – 4:00) over 10 weeks and will include work placements.  On-going support will be provided after the initial 10 weeks

The programme will include:

* Level 2 in Community Sport Leadership
* Practical Money Management
* NSPCC safeguarding training
* First aid course
* Motivational Lifestyles Programme
* Project planning and management work shop
* Energy Club Training
* A minimum of two hours of 1 to 1 mentoring

The Level 2 Award in Community Sports Leadership consists of seven units of work.

Please see the course requirements for the guided learning hours and the notional learning time required to complete the course.

Through consultation with clients we will identify further development opportunities including:

* NGB coaching qualification
* Multi-skills training

**Course Outline:**

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| **Dates** | **Time** | **Detail** |
| 25th Oct | 9am – 4pm | Introduction to the Level 2 in Community Sports Leadership/course outline |
| 26th Oct | 9am – 4pm | Introduction to the Level 2 in Community Sports Leadership/course outline |
| 1st Nov | 9am – 4pm | Matt Analts – How I got into sports coaching/running a business (presentation/work shop)  Practical Money Management |
| 2nd Nov | 9am – 4pm | Level 2 CSL content including 1-2-1 mentor sessions with Matt Analts to identify barriers and motivations |
| 8th Nov | 9am – 4pm | Level 2 CLS course content |
| 9th Nov | 9am – 4pm | Emergency First Aid for Sport (1st Aid Training Bath) |
| 15th Nov | 9am – 4pm | Level 2 CSL |
| 16th Nov | 9:30 am – 12pm  1pm – 3pm | Project Planning work shop  Threesways School Activity session |
| 22nd Nov | 9am – 12pm  1pm – 4 pm | Level 2 CSL course content  Motivational Lifestyles Programme Workshop |
| 23th Nov | 9am – 4pm | Level 2 CSL content |
| 29th Nov | 9am – 4pm | Level 2 CSL content / Safeguarding Units |
| 30th Nov | 9am – 4pm | Level 2 CSL content / Parks Project |
| 6th Dec | 9am – 4pm | Level 2 CSL content / Parks Project |
| 7th Dec | 9am – 4pm | Multi-skills delivery at St Andrews Primary |
| 17th Jan | Full day - 9am-4.15pm.  Afternoon session - 12.30- 4.15pm. | Energy Club Training (contact Wendy Crocker) |
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| 27th Feb 2013 | 6:30 pm – 9:00 pm | CSA 2013 |