

Immediate Advice & Support

Police Emergency
999 -
[Silent Call press 55](#)

Police victim and witness
support non-emergency
101

Accident and Emergency
(RUH)
01225 428 331

Southside Family Project &
Domestic Violence Advisors
01225 331 243

Local Support & Advice

VOICES (recovery programmes
& support)
01225 984 189
07523 506 239

SARSAS (Rape and Sexual
assault)
0808 801 0456

Freedom Programme - signpost
to local Freedom Programmes
www.freedomprogramme.co.uk

Off The Record
(young people 10-25)
0800 3895 551 or
01225 312 481

Citizens Advice
0808 278 78 97
01179 976 3069 (Witness
Service)

National Helplines

National Domestic Violence
Helpline
0808 2000 247

Victim Support
0808 168 9111

MANKIND (male victims of
domestic violence)
01823 334 244

GALOP (for gay, bisexual or
transgender victims)
03009 995 428

Childline
0800 1111

Family Lives (parent line advice)
0808 800 2222

National Support & Advice

Non-molestation Order -
National Centre for Domestic
Abuse
0800 970 2070

FLAWS finding legal options
for women survivors
0203 745 7707
flows@rcjadvice.org.uk

RESPECT (men's advice line)
0808 801 0327

Action on Elder Abuse (office
hours)
0808 808 8141 or
08000 699 784

Forced Marriage Unit
020 700 81 500
Email: fmu@fco.gov.uk

Housing

Housing Advice Team (B&NES
Council)
01225 396 296

RENEW (emergency housing)
01225 310 899

CURO
01225 366 000

Julian House
01225 354 650

Shelter (homeless charity)
0808 800 4444

[Be Home Safe Scheme](#)
(referral home security service
for victims of crime)

Health/ Drugs & Alcohol

NHS Direct
111

DHI (Drugs, Alcohol &
Homeless Services)
01225 329 411

Bath NHS Walk-in Centre
(Riverside)
James Street West
01225 826 855

Social Services (B&NES)
01225 394 200 (office
hours)
01454 615 165 (out of
hours)

Leaving Safely

Try to save some money in safe place for transport. The police may be able to get you to a safe place or Social services may provide a travel warrant if you have children.

Put important documents in a safe place - such as birth certificates, passports, marriage certificate, any court orders, benefit books and credit/debit cards - so that you can take them in a hurry. Keep a note of important reference numbers in case you can't take your documents.

Have a spare house key and car key hidden for an emergency.

Take any essential medicines. Try to have spare supplies hidden for an emergency.

If you have to leave important things behind, ask the police to escort you back to collect them.

Trust your judgement. There may be warning signs that you recognise. You have the right to protect yourself (and your children).

After an Incident

Get medical help if you or anyone else is injured.

If you call the police, they will usually arrest the abuser and take him or her away, if only for a short time, which could give you time to get to a safer place.

If you decide that your abuser cannot be allowed into your house, the police (Bobby Van) or Housing Association may be able to help with strengthening doors and windows.

Phone a local support agency or a national helpline for advice and support.

Police can place a marker on your address alerting officers to history of domestic violence.

During a Violent Incident

Try to stay out of rooms where weapons are available/or that can be locked.

If you are on good terms with a close neighbour, consider setting up a signalling system.

If you have a child who is old enough, talk to them so that they know it's okay to run to a neighbour's house or call the police if they think you or they are in danger.

Practice how to get out of your home safely and quickly, including your children and pets.

Phone a local support agency or a national helpline for advice and support. Police can place a marker on your address alerting officers to history of domestic violence.

Try to stay out of rooms where weapons are available/or that can be locked. If you are on good terms with a close neighbour, consider setting up a signalling system.

Always call
999
in an emergency



Domestic Violence and Abuse

Are you unsafe in your own home?

Help is available in Bath and North East Somerset