SUGAR SMART Ambassadors

Come along to our free ambassador training:

Tuesday 26th June 2018, Odd Down Sports Ground, Bath, BA2 2PR 18.00–20.00 Book your place here

OR

Wednesday 4th July, Prattons Sports and Social Club, Radstock, BA3 4BD 18.00–20.00 Book your place here

If you have any questions please do get in contact with us: sugarsmart@bathnes.gov.uk

Why become an ambassador?

- Get support to make a difference to your local food environment so people can make healthier choices.
- Gain knowledge, resources and support to champion the Sugar Smart Campaign and actions.
- Attend FREE Sugar Smart training —we only ask for some commitment to champion Sugar Smart action however you feel able.

What do we expect from Sugar Smart ambassadors?

- Enthusiasm and passion to encourage healthier eating habits which are realistic for individuals.
- Commitment to champion Sugar Smart activity over the next 6 months. This could include talking to local organisations to encourage them to be Sugar Smart, running Sugar Smart events or raising awareness of the impact of excessive sugar consumption in the local community.

Who can be an ambassador?

- Anyone who is passionate about food and nutrition and wants to make a difference locally! You may represent an employer, school or organisation such as a PTA, Scouts, Guides or Cadets, be a health professional or an individual wanting to support your local community or workplace.