



# A One Stop Shop for Young People's Information

www.bathnes.gov.uk/fis



The information in this booklet was compiled by the Family Information Service (FIS) - we hope you find it helpful and informative. However as with all paper based information it is only accurate at the time of printing, we would encourage you to check the web site <a href="www.bathnes.gov.uk/fis">www.bathnes.gov.uk/fis</a> where information is regularly updated. Alternatively ring the freephone helpline below and the Information Team will be happy to help you find the services you require.

If you are concerned about the immediate safety of a child or young person, you should contact the Referral and Assessment Team Duty Officer: 01225 396313/4, or for out of hours support the Emergency Duty Team: 01454 615165

Where a young person requires the support of a number of services and there is a need for those services to be co-ordinated – the young person is entitled to a Common Assessment which should be completed with the support of a member of the children's workforce (e.g. teacher, school nurse, youth worker, Connexions personal adviser etc.). For more information, call the Family Information Service (FIS) see contact details below, or email <a href="mailto:CAF@bathnes.gov.uk">CAF@bathnes.gov.uk</a>.

We would always advise you to make an initial enquiry to the relevant organisation prior to using their services to ensure that they adhere to child safe practices.

If you would like more copies of the booklet, or copies in a different format, please contact FIS .

#### **Family Information Service (FIS)**

**Freephone helpline**: 0800 0731214 during office hours, out of office hours there is an answerphone service

Email: fis@bathnes.gov.uk
Mobile/Text: 07980 998906

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If you would like your facility or club mentioned in this booklet please let The Family Information Service know and we will include you in the next edition.



# www.1bigdatabase.org.uk

1Big Database (1BigD) is a comprehensive website that holds online information about services for 0 to 20s.
1BigD is an excellent online resource for parents, children, young people, carers and professionals in Bath & North East Somerset, Bristol and South Gloucestershire.

There is a range of information on the website about national and local organisations that offer support to families including parenting support, advice for young people, health, housing, disability, legal advice, leisure and lifestyle.

Visit <a href="https://www.1bigdatabase.org.uk">www.1bigdatabase.org.uk</a> to register online, or contact The Family Information Service on 0800 073 1214 for more details.

# **Leisure Centres**

**Bath Sports and Leisure Centre** 

North Parade Road, Bath, BA2 4ET 01225 486905

www.aguaterra.org

Facilities include gym, exercise classes, swimming, aqua aerobics, football, badminton, bowls, sauna and steam room, volley ball, squash, tennis, table tennis, swimming lessons and basket ball. A holiday programme is also available for ages 8 to 15 years.

Active Club A term time only club Mon - Thurs after school and on Saturdays for ages 8 to 15 years 4pm - 6.30pm. A club based at the Active Zone - with 16 dance mats, an interactive sports wall, spin bike, cross trainers and resistance equipment. The club also offers Zumba ®, Junior Boot Camp and Multi Sport (including rounders, football, dodgeball, badminton and table tennis). The Active Zone is also open Saturday 9am - 1pm.

**Badminton Club** 01225 335347

BasketballCourts available for hire at junior rateDanceJazz, Salsa, Zumba and Street DanceFootballPitches available for hire at junior rate

**Gym** For age 16 +

**Kickboxing** Bath Wutan Kickboxing

http://bath.taichi-kungfu.co.uk/kickboxing

**Lifeguarding** Training starts at 16+

Martial Arts Bath Judo Kwai www.bathjudokwai.co.uk

Bristol Wing Chun Academy www.bristolwingchun.com

Bath Judo Club www.bathjudo.org.uk

Netball Courts available for hire
Squash Courts available for hire
Swimming Bath Dolphin Swimming Club

www.bathdolphin.co.uk

Table TennisAvailable to hire

**Volleyball** Available to hire at junior rate

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## **Chew Valley Leisure Centre**

Chew Lane, Chew Magna, Bristol, BS40 8QB 01275 333375

www.chewvalleyleisurecentre.co.uk

Facilities include fitness suite (minimum age for use 16), sprung floor studio, tennis courts, squash courts, badminton courts, netball courts (and netball courses) and football pitches.

Activities held at the centre include: Gymnastics, Football, Hockey, Jazz Dance, Street Dance, Kung Fu and Kickboxing. Call 01275 333375 for more information or see the website.

#### **South Wansdyke Leisure Centre**

Rackvernal Road, Midsomer Norton, BA3 2UG 01761 415522

www.aquaterra.org/south-wansdyke-sports-club

The centre has a 25 metre swimming pool, Norton Radstock Swimming Club, Sub Aqua Club, squash courts, multipurpose hall, flood-lit outdoor football and tennis courts.

The Active8 Club meet on Saturdays 9.30am - 12.30pm for 8 - 12 year olds where a number of activities take place with an hour in the pool at the end of the session.

# **University of Bath - Tribe**

Fantastic sports facilities with a variety of activities on offer including Athletics, Badminton, Football, Hockey, Judo, Netball, Swimming, Tennis and Trampolining.
Holiday activities also available for some of the above sports.
Call 01225 386915 or visit the website for more information.
www.teambath.com

## **Keynsham Leisure Centre**

Temple Street, Keynsham, Bristol, BS31 1HE 01225 395164

www.aguaterra.org/keynsham-leisure-centre

Facilities include 25 metre pool, Gym, indoor Sports Hall, squash and badminton courts, and sauna.

Amateur Swimming Club 0117 9831590 Keynsham Lifesaving Club 0117 9635242

Keynsham Junior Badminton Club (Broadlands School)

www.keynshamjbc.org.uk

There are many other clubs running in the area such as hockey, rowing, martial arts, rugby, football, croquet, netball, athletics, tennis, water polo, sailing, bowls, squash, cricket, cycling etc. For details contact the Get Active Team on 01225 396429 or email:

getactive@bathnes.gov.uk

# **Culverhay Sports Centre**

Rush Hill, Bath, BA2 2QL 01225 480882 or 01225 486902 Open weekday 5.50pm - 10pm and weekends 9am - 2pm www.aquaterra.org/culverhay-sports-centre

Centre facilities include: football, badminton, basketball, netball and table tennis.

Other external clubs meeting on the premises include Bath Bubble (scuba diving <a href="www.bathbubbleclubuk.co.uk">www.bathbubbleclubuk.co.uk</a>), City of Bath Rhythmic Gymnastics and Bath Tae Kwon Do Club (<a href="www.bathtkd.com">www.bathtkd.com</a>). Lifeguarding courses also take place during the year.

# **Writhlington Sports and Leisure Centre**

Knobsbury Lane, Radstock, BA3 3NQ 01761 438559

www.writhlingtonsportscentre.co.uk

Facilities include: cricket, tennis, badminton, five-a-side football, volleyball, netball, basketball, Karate and the climbing wall. Courses are available for cricket, tennis, trampolining and gymnastics.

The junior gym designed for 11 - 15 year olds offers fitness equipment with television screens (restricted opening hours and sessions must be booked). Dance mats are also available, along with an interactive sports wall.

**Baskervilles Gym -** Teen Fitness Classes

Englishcombe Way, Bath BA2 2EJ 01225 330001

www.baskervillesgym.co.uk

Sessions held in the fitness suite specifically for young people aged 11 - 16 years.

Gymnastics also offered up to the age of 16 years including use of equipment such as the trampoline.

# **Skate Parks**

#### **Midsomer Norton Skate Park**

Gullock Tyning, Midsomer Norton, BA3 2UH

# **Keynsham Memorial Park**

Bath Hill, Keynsham, Bristol, BS31 1DP

# **Royal Victoria Park**

Upper Bristol Road, Bath Entrance on Park Lane, BA1 2LZ Batheaston Village Play Area Skateboard ramp (mini half pipe)

# **BMX Play Tracks**

These are all 'option 1 standard' tracks unless otherwise stated and are ideal for informal use and for developing bike skills. The layout of jumps and berms vary, but each track is contained within in area of approximately 30mx14m:

**Daglands Park, Camerton** 

**Kelston Road Park (Keynsham)** 

**Keynsham Road BMX track, (Close to BS31 2BN)** 

**Paulton Miners Welfare Recreation Ground** 

**Peasedown Miners Welfare Recreation Ground** 

Pennyquick Park, Twerton

**Pensford Play Area** 

Radstock, Tyning (Woodborough Road)

Southfields (Radstock)

Springfield Park, Foxhill (Bath)

**Westhill Recreation Ground, Westfield (Radstock)** 

Brickfields Park (Bath) - Informal bike play track with jumps

Tunley Recreation Ground - A series of low informal landscaped mounds

**The Tumps, Odd Down, Bath, BA2 2AX** - Next to the playing fields at Chelwood Drive, just off of Bloomfield Drive. Track is built to Regional Standard Specification. www.bathbmx.com

For further information on bike play tracks please contact Chris Revill at the Council's Play Team on 01225 396433.

# **Play**

In 2008, the Government awarded money to develop and renew 32 play spaces across the Bath and North East Somerset area. For a list of these, please see the Parks and Gardens leaflet produced by the Family Information Service. Please see the contact details at the end of this booklet.

# **Bath Area Play Project**

01225 832479

Community Play Rangers facilitate and support children's play in outdoor environments. Sessions are open to all and aimed at 5 -13 years. Locations include:

- Hillcrest Field, Southdown
- Kensington Meadows, Walcot
- Southside Youth Hub, Whiteway
- Recreation Ground, Weston
- The Firs, Combe Down
- Springfield Park, Foxhill

www.bapp.org.uk

# **Wansdyke Play Association**

01761 568242

Community Play Rangers run sessions all year round in parks and open spaces for children and young people aged 5 - 16 years in:

- Westhill
- Peasedown St John
- Midsomer Norton
- Radstock
- Frome

www.wpa-play.com

Holiday playschemes also take place during some school holidays. For dates and venues please contact the above telephone numbers or call the Family Information Service (0800 073 1214).

# Out of School Clubs Specifically for Disabled Children and Teenagers

A more detailed leaflet 'After School and Saturday Clubs for Children with Additional Needs' is available from the Family Information Service. Please see contact details at the end of this booklet.

# Bath Area Play Project - Teenage Rampage 13 - 19 years

The Hut, Twerton, Bath, BA2 1RX

01225 832479 www.bapp.org.uk

Tuesdays term time only (holiday play schemes often available through Bath Area Play Project at Threeways School)

# **National Autistic Society**

0117 9748400 rebecca.peacock@nas.org.uk

Groups meet in central Bath on a Tuesday night for ages 8 - 12 years and 13 - 18 years. For more information please contact Rebecca Peacock.

# **Bath Junior Gateway Club (Mencap)**

Weston Children's Centre Bath, BA1 4EH 07794 313318 (Wayne Brooks) mail@bathmencap.org.uk
Two clubs for 7 - 19 year olds on Wednesday evenings.
Please call for times and details.

# After 3! Three Ways After School Club

01225 838070 threeways spe@bathnes.gov.uk
Various activities available from 3.20pm - 4.20pm, all clubs are £30 per term.

# **Fosseway After School Club**

01761 412198 (Hannah Jones) office@fossewayschool.com 3pm - 5pm ages 3 - 11 years. £2 per session

# **Bath Mencap and Gateway Sports Club**

Bath Sports Centre, North Parade, Bath, BA2 4ET 01225 742265 (Brian Downs) <a href="mail@bathmencap.org.uk">mail@bathmencap.org.uk</a> Thursday evenings, 6pm - 7pm (dry sports) 7pm - 8pm (exclusive use of the swimming pool). Under 15s must be accompanied by an adult.

# **Bath Mencap Gateway Out & About Club**

01225 426604 (Becky Morgan) <u>beckymorgan2@sky.com</u>
For disabled and disadvantaged individuals aged 18 + offering social and leisure activities.

# **Bath Mencap 18+ Gateway Club**

01373 865143 (Mrs Frisby)

#### **Keynsham Mencap**

0117 9865659 (Laura or Pauline) All clubs are term time only There is an annual charge of £35 per family Please contact for dates and times:

Football Club (Broadlands School, Keynsham) 5 - 18 years Keynsham Juniors (Keynsham) 11 - 18 years Radstock Gateway Club 11 - 18 years Super Saturday Club (Bath) 5 - 18 years 18+ Group (Keynsham)

#### Time2Share

0117 9415868 groups@time2share.org.uk www.time2share.org.uk

Bath 14 - 19 years (Dinner, Skittles and Cinema Groups) Norton Radstock 14 - 19 years (Dinner and Skittles Group. Wireworld Group meets in the summer holidays.) 18+ Group for Bath and North East Somerset meet once a month for a skittles night and once a month for another activity as chosen by group members.

#### Inclusive After School Club

Bath Sports Centre, North Parade, Bath, BA2 4ET 01225 396429 (Bath and North East Somerset's Get Active Team) Club includes swimming and multisport on Monday nights for ages 7 - 18 years. £35 for 10 weeks.

# Wansdyke Play Association Term Time Saturday Club

10 Redfield Road, Midsomer Norton, BA3 2JN 07841 455509 (Aisling Gormley) <a href="mailto:admin@wpa-play.com">admin@wpa-play.com</a> 10am - 2pm ages 13 - 19 years. £5 per session or £7.50 to include lunch.

# The Zone Youth Project at Chew Valley

07772 766071 (Lisa Mukherjee) <a href="mailto:admin@wpa-play.com">admin@wpa-play.com</a><br/>Lake View House, Chew Valley School, Chew Stoke, Bristol, BS40 8QB

Thursdays 3.30pm - 6pm ages 11 - 19 years

#### **Keynsham Seals**

Keynsham Leisure Centre, BS31 1HE 0117 9861438

#### **Midsomer Norton Swans**

South Wansdyke Sports Centre, BA3 2UG 01761 412080

#### **Kids**

# **Bath Saturday Club**

Parkside Children's Centre, BA1 2NE
0117 9476111 (Julia) www.kids.org.uk
9.30am - 1.30pm (term time only) ages 5 - 13 years
Relationships and Sexuality Group
Odd Down Community Centre, Bath, BA2 2TL
0117 9476111 (Stacey or Louisa)
Every 3rd Thursday 7pm - 9pm, ages 13 - 25 years.

Please note that places at the clubs in this section need to be booked in advance.

# **Leisure Centres in Surrounding Areas**

#### **Bristol:**

#### **Bristol South**

Dean Lane, Bristol, BS3 1BS 0117 9031620

#### **Easton Leisure Centre**

Thrissell Street, Easton, Bristol, BS5 0SW 0117 9031628

# **Hengrove Park Leisure Centre - New for 2012**

The Boulevard, Hengrove Park, Bristol, BS14 0JZ 0117 9370200

#### North Somerset:

# **Backwell Leisure Centre**

Farleigh Road, Backwell, Bristol, BS48 3PB 01275 463726

# **Churchill Sports Centre**

Churchill Green, Bristol, BS25 5QL 01934 852303

#### South Gloucestershire:

# **Kingswood Leisure Centre**

Church Road, Staple Hill, Bristol, BS16 4RH 0300 333 0300

#### **Longwell Green Leisure Centre**

Aspects Leisure Park, Longwell Green, Bristol, BS15 9LA 0300 333 0300

# Youth Hubs/Clubs

Youth Hubs provide a safe, inviting environment for young people aged 13 to 19. The activities provided include sport, art and crafts, dancing, Parkour (PK), cookery, radio, Babysitting Courses and much more. Youth Service staff organise project work on issues such as drugs, health, crime prevention and community safety. They also offer 1:1 support. This can be for a wide range of issues from help with relationships difficulties, conflict or bullying, finding a job or college course, housing etc.

For general enquiries, dates and times in Bath and North East Somerset please call the Youth Service on 01225 396980 or go to: <a href="https://www.bathnes.gov.uk/communityandliving/youthsupport/">www.bathnes.gov.uk/communityandliving/youthsupport/</a> Pages/default.aspx

#### **BATH**

#### **Southside Youth Hub**

Kelston View, Whiteway, Bath BA2 1NR 01225 394482

General drop in sessions available. Other activities can include: an Unemployment Group for under 25 years, 5 A Side Football League, Young Parent's Group for under 25 years, Healthy

Cooking, Arts and Gardening.

#### Gym open:

Monday and Wednesday 4.30pm - 6.30pm and 7pm - 9pm Tuesday and Friday 7pm - 9pm

Facilities include: an outdoor court, gym, music studio, sensory room and a community café open weekdays with free internet access.

#### **Riverside Youth Hub**

York Place, London Road, Bath BA1 6AE 01225 337844

Drop in sessions available. Other activities can include: Music, Graffiti, sport, cooking and arts and craft.

Facilities include: a coffee bar area with kitchen, music studio, outdoor court, a multi-use hall and free internet access.

#### NORTON RADSTOCK

#### **Radstock Youth Hub**

Church Street, Radstock, BA3 3QQ 01761 439255

Drop in sessions available and a support group for young people who are Not In Education, Employment or Training (NEET)

Facilities include: a coffee bar area with kitchen, indoor sports hall and free internet access.

#### **Peasedown Youth Hub**

Bath Road, Peasedown St John, Bath BA2 8DH 01761 432294

Drop in sessions available to all in Year 7 and above. Other activities can include: Art sessions, Homework support, Street Dance, Parkour, Farm Sessions, Trampolining and much more. Facilities include: a coffee bar area with kitchen, art room, indoor and outdoor sports hall, meeting room space with free internet access.

Mobile Youth Project takes place wherever Youth Workers and young people may meet; this could be in parks or on street corners. Mobile/Detached Youth Workers build relationships with young people and offer clear information, advice and support based on the needs of the young people. The Youth Workers are out and about in the following areas: Bath City Centre, Bishop Sutton, Camerton, Fox Hill, High Littleton, Paulton, Southdown, Twerton, Victoria Park (Bath) and Whiteway. For dates and times visit:

www.bathnes.gov.uk/communityandliving/youthsupport/ Pages/default.aspxor or contact the Youth Service Office: 01225 396980

# **Voluntary Sector Youth Clubs BATH**

#### **Odd Down Youth Club**

Odins Road, Odd Down, Bath, BA2 2TL 01225 832479
Open Wednesdays 7pm - 9pm, 11 - 17 years
Projects available on other nights, call for details.

# **Percy Community Centre**

New King Street, Bath, BA1 2BN 01225 423014

www.percycentre.org.uk

Percy Youth Project Thursday 7pm - 9pm Media and music projects Open Tuesdays and Wednesdays 7pm - 9.30pm

#### **Batheaston Youth Club**

School Lane, Batheaston, Bath BA1 7EP 01225 859324 for details. Open Monday, Tuesday and Thursday 7pm - 9.30pm

### **KEYNSHAM TimeOut Drop-in Centre**

1-2 River Terrace, Temple Street, Keynsham, Bristol. **BS31 1HE** 0117 9868683 youthworker@keynsham-tc.gov.uk

Open drop in sessions at Timeout:

Mondays and Thursdays 7pm - 9.30pm

Project night: sessions aimed at developing young people's life skills including workshops such as: bullying, health, drugs, first aid, healthy eating, politics, counselling, skills for life and independent living and much more.

Detached Youth Work: The Youth Workers are based around the streets and areas of Keynsham. Contact them on 07534 774169.

# **TIMSBURY**

Timsburv Youth Club (YMCA)

North Road, Timsbury, Bath, BA2 0JH 01761 472116 Sessions run on Mondays and Wednesdays from 6.30pm -10pm

#### Church based Youth Clubs/Cafés

@one - St John's Youth and Community Centre. The Park. Keynsham, Bristol, BS31 2BL 07890 569534

ddcrouch@hotmail.com

Youth Group: Mondays 7pm - 9pm for young people in Year 8 and up.

Shake@One: Tuesdays and Wednesdays, 3.30pm - 6pm Milkshakes, juice, hot chocolate provided along with Wii games, pool tables, table football and a place to chill.

Outreach and Detached Youth Work: Work based on the streets of Keynsham on Tuesdays 6pm - 7.30pm

Bath Youth For Christ www.bathvfc.org.uk Central Youth Café - Friday nights at Hay Hill Baptist Church, Fountain Buildings, Bath, BA1 5DU St Luke's Café - Wednesdays, Hatfield Road, Bath, BA2 2BD Weston Youth Café - Weston Children's Centre. Penn Hill Road. Bath. BA1 4EH Twerton Youth Café - Tuesdays at The Rec House, High Street, Twerton, Bath, BA2 1DL

Oldfield Park Youth Café - At The Crypt, Ascension Church, Bath, BA2 1AG

Cafes also available in Beechen Cliff and St Mark's Schools.

Clutton Youth Club - Fridays at The Cabin. Station Road, Clutton, Bristol, BS39 5PF www.clutton.org.uk House of Heroes - Wednesdays and Thursdays 3.30pm - 6.30pm at Bath City Church, 1a Forum Buildings, St James Parade, Bath, BA1 1UG www.bathcitychurch.org.uk

Queen's Road Youth Club - Second Friday of the month. 7.3pm - 9.30pm at Queen's Road Methodist Centre, Keynsham, BS31 2NN

**Shed Youth Club -** Thursdays at Chew Magna Baptist Church, Tunbridge Road, Chew Magna, Bristol, BS40 8SP www.chewbaptist.org

**Youth club -** Friday evenings at St Swithin's, The Gateway, Snow Hill, Bath BA1 6DH www.stswithinswalcot.org.uk

# **Youth Music**

Music centres operated by the Bath and North East Somerset Council Music Service:

www.bathnes.gov.uk/educationandlearning/extraCurricular/instrumentalTuition/musiccentres/Pages/default.aspx

Centres based in Bath, Keynsham, Midsomer Norton. Weekly activity includes a full Symphony Orchestra; a Symphonic Wind Orchestra; Youth Choir; Brass Bands; Guitar Groups and many more. Groups start at around Grade 1 standard onwards. Senior Ensemble groups start at Grade 5 standard.

#### Local bands:

# **Bath Spa Band and Training Band**

Elim Pentecostal Church, Charlotte Street, Bath, BA1 2ND 01225 920521

www.bathspaband.co.uk

#### **Paulton Concert Band**

Holy Trinity Church, Paulton, Bristol, BS39 7LG 01761 415558

www.paultonconcertband.co.uk

# **Keynsham Brass Band and Training Band**

http://www.keynshambrassband.org.uk/

#### **Keynsham Cavaliers Youth Marching Band**

Broadlands School, St Francis Road, Keynsham, Bristol, BS31 2DY

Contact John: 0117 9247032

For ages 8 and up.

# **G-LAB - Percy Community Centre**

New King Street, Bath, BA1 2BN 01225 423014

Create music, learn to produce, record, DJ. Tutors can help you learn professional skills to get on in the music industry get radio play, sell your music, promote yourself, make contacts in the industry, get signed and much more! Sessions are 7pm to 9pm for young people aged 12 - 17. Drop in any session to get signed up!

www.percycentre.org.uk/music

#### **Southside Youth Hub**

Kelston View, Whiteway, Bath, BA2 1NR 01225 394482

Music Suite available for hire including an editing suite and band practice room. The editing suite includes the cost of a specialist worker to help with the equipment.

www.bathnes.gov.uk/communityandliving/youthsupport/Pages/SouthsideYouthHub.aspx

#### **Odd Down Youth Club**

Odd Down Community Centre, Odins Road, Odd Down, Bath, BA2 2TL

01225 832479

New Music space coming soon......Including a combination of digital music technology to sample, create and mix tracks and a recording area using instruments available.

www.bapp.org.uk

# **Other Groups**

#### **Cubs, Scouts and Explorers**

Bath area - Batheaston, Bathampton, Combe Down, Larkhall, Oldfield Park, Southdown and Weston. www.bathscouts.org.uk

Wansdyke area - Chew Valley, Clutton, High Littleton, Keynsham, Midsomer Norton, Paulton, Peasedown St John, Radstock and Saltford. <a href="https://www.wansdykescouts.org.uk">www.wansdykescouts.org.uk</a>

Avon County Telephone number: 01454 613006

# **Brownies, Guides and Rangers**

National website:

www.girlguiding.org.uk/parents carers/register your daug hter.aspx

Bath areas including Walcot, Larkhall, Bathampton, Batheaston and Bathford: <a href="mailto:natalie.robbins@gmail.com">natalie.robbins@gmail.com</a>
Oldfield Park and Southdown areas:
<a href="mailto:dianabrownies@hotmail.com">dianabrownies@hotmail.com</a>
www.girlguidingbath.org.uk

Wansdyke area: <a href="mailto:tracy.reed@talk21.com">tracy.reed@talk21.com</a>

### **Bath Sea Cadets**

St John's Road, Bathwick, Bath, BA2 6PX 01225 460365

www.sea-cadets.org/bath/address.aspx

#### **Bath Air Cadets 93 Squadron**

Upper Bristol Road, Bath, BA1 3AE 01225 482059 www.bathaircadets.org.uk

# **Keynsham Air Training Corps 2386 Squadron**

Ashmead Road, Keynsham, Bristol, BS31 1SX 0117 9864442

www.2386atc.com

# Boys Brigade (11 - 18 years)

www.boys-brigade.org.uk www.bathbb.org.uk Radstock and Bath (Weston)

# Girls Brigade (10 - 18 years)

www.girlsb.org.uk

Email for local group details: <a href="mailto:gbco@girlsbrigadeew.org.uk">gbco@girlsbrigadeew.org.uk</a> 2nd Bath & 1st Timsbury - 01761 416515 1st Radstock - 07969 366192 3rd Keynsham - 0117 9862242

#### St John's Ambulance Bath

Cadets (10 - 17 years) and Youth Group (16 - 25 years)

1 Weirside Court, Lower Bristol Rd, Bath, BA2 1AZ 01225 463806

<u>bath@avon.sja.org.uk</u> www.sja.org.uk/sja/counties/avon/units/bath.aspx

# Young Farmers (10 - 26 years)

Groups in Bath, Chew Valley and Farrington Gurney in the Fosse area.
01278 691711

www.somersetyfc.org.uk

# **Dance and Drama**

# **Stardust Majorettes**

Based in Coleford and Radstock Scout Hall 07976646485

stardust-majorettes@hotmail.co.uk

# Mark Jermin Stage School

The Weston Hall, Weston Village, Bath, BA1 4BX 01792 458855

www.markjermin.co.uk/bath.htm

# **Susan Hill School of Dancing**

4 Fortescue Road, Radstock, BA3 3PH 01761 438885

Classical ballet, tap, musical theatre, freestyle jazz and street jazz, break dancing.

www.susanhillschoolofdancing.co.uk

# **Tracy King Theatre School**

URC Halls, Grove Street, Bath BA2 6PJ 07990 527299 Musical theatre, drama, streetdance, pop music, improvising and jazz dance Ages 4 to 16 years. www.tracykingtheatreschool.com

# Stagecoach Theatre School

Wellsway School, Keynsham and Hayesfield School Bath 0118 9678505
Drama, singing and dance for children 4 -18.
www.stagecoach.co.uk

## **Curtain Up**

St Gregory's Catholic College, Bath 01761 239185 Stage school for ages 6 - 16 years. www.curtainup.biz

# **Avon Dance Academy**

Timsbury, Camerton, Dunkerton and Chew Magna Tel: 01761 479026 Ballet, Tap, Modern Jazz Ages 2yrs 6 months to adult www.avondanceacademy.com

# **Cinemas**

Little Theatre - www.picturehouses.co.uk/cinema/The Little
St Michael's Place, Bath, BA1 1SF
0871 704 2068

Odeon - www.odeon.co.uk
James' Street West, Bath, BA1 2BX
0871 224 4007

Cineworld - <a href="www.cineworld.co.uk">www.cineworld.co.uk</a> Hengrove Leisure Park, Bristol, BS14 0HR 0871 200 2000

**Showcase -** www.showcasecinemas.co.uk
Avonmeads, St Phillips Causeway, Bristol, BS2 0SP 0871 220 1000

#### Vue, www.myvue.com

Longwell Green, Aspects Leisure Park, Bristol, BS15 9LA Cribbs Causeway, Merlin Road, Bristol, BS10 7SR Booking Line - 08712 240240

Cinema de Lux - www.showcasecinemas.co.uk Cabot Circus, Bristol, BS1 3BX 0871 220 1000

# Libraries

See <u>www.bathnes.gov.uk</u> for more information, or call 01225 394041

#### **Bath Central**

19 The Podium, Northgate Street, Bath BA1 5AW

# **Moorland Road Library**

Moorland Road, Bath BA2 3PL

#### Radstock

The Street, Radstock BA3 3PR

# **Weston Library**

Church Street, Weston, Bath BA1 4BU

# Keynsham

The Centre, Keynsham BS31 1ED

### **Saltford Library**

478a Bath Road, Saltford BS31 3DJ

#### **Midsomer Norton**

119 High St., Midsomer Norton BA3 2DA

### **Paulton**

Central Methodist Church, Paulton BS39 7QQ

# Useful Contact Details for Information, Advice and Support Services

#### Childline

If you are worried about anything, it could be something big or small - don't bottle it up. It can really help to talk to someone. If there is something on your mind. Childline is there for you.

Freephone number - 0800 1111

www.childline.org.uk

# **Compass Project**

The Compass Project provides direct support children and young people aged 8 -18 who are at risk of offending and are committing anti-social behaviour and have not yet been arrested by the police

Chris Wilford on 01225 396966

#### **Get Connected**

Get Connected provides a free and confidential helpline for under 25s, offering a support and signposting service, working with others to ensure that appropriate help is available. From stress, anxiety, depression - Get Connected can help.

0808 8084994 and webchats (1pm - 11pm daily) Text 80849 7pm - 11pm (Monday - Friday) www.getconnected.org.uk

# **Mentoring Plus**

A youth crime prevention project for 12 -17 year olds who have offended or at risk of offending

www.mentoringplus.net

# **NSPCC** (National Society for the Prevention of Cruelty to Children)

0808 800 5000

www.nspcc.org.uk

# Off The Record Drop-in Sessions

01225 312481 Textphone 07753 891 745

#### **Bath**

Open House Centre, Manvers Street, Bath BA1 1JW Open Mon -Thurs 4pm - 7pm (1pm - 4pm by appointment)

# Keynsham

Severn Way Surgery, Severn Way, Keynsham, Bristol, BS31 1NU

Open Wednesday 4pm - 7pm

# **Midsomer Norton**

113a High Street, Midsomer Norton BA3 2DA Tues & Thurs 4pm - 7pm www.offtherecord-banes.co.uk office@offtherecord-banes.co.uk

#### Mind

13 Abbey Court Yard. Bath, BA1 1LY 01225 316199
<a href="https://www.bathmind.org.uk">www.bathmind.org.uk</a>
<a href="mailto:admin@bathmind.org.uk">admin@bathmind.org.uk</a>

# **Papyrus**

HOPELineUK 0800 068 4141

Support, advice and practical information for anyone who is suicidal or concerned about a young person they know may be suicidal. Open Mon - Fri 10am - 5pm and 7pm - 10pm Weekends 2pm - 5pm

www.papyrus-uk.org

#### The Samaritans

10 Newbridge Hill, Bath, BA1 3PU 01225 429222 (24 hr)
<a href="https://www.bathsamaritans.org">www.bathsamaritans.org</a>
National Helpline 08457 90 90 90

# **Alcohol and Drugs**

# **Alcoholic Anonymous**

0845 7697555

www.alcoholics-anonymous.org.uk

#### **AL-ANON**

020 7403 0888

Helpline and website offering support to families and friends of alcoholics

www.al-anonuk.org.uk

#### **Drink Aware**

www.drinkaware.co.uk

#### **Project 28**

01225 463344

Bath and North East Somerset Drugs and Alcohol Service 28 Southgate Street, Bath, BA1 1TP

Drop in advice centre for young people up to the age of 19 years.

www.facebook.com/pages/Project-28

# **Developing Health and Independence (DHI)**

01225 329411

A local charity formed to help people out of the cycle of homelessness, social isolation and drug or alcohol abuse www.dhi-online.org.uk

# National Association for Children of Alcoholics (NACOA)

0800 3584356

Helpline and website support.

www.nacoa.org.uk helpline@nacoa.org.uk

# **Children of Addicted Parents and People (COAP)**

Online support for young people affected by someone else's addiction to drugs, alcohol or addictive behaviour such as gambling.

www.coap.co.uk

# **Bristol Drugs Project**

0117 9876000

www.bdp.org.uk

#### Release

0845 4500215

Open 11am - 1pm and 2pm - 4pm, Monday - Friday National centre for drugs and drugs law.

www.release.org.uk

#### Talk To Frank

0800 776600 - 24 hour helpline Text 82111

Friendly, confidential drugs advice. www.talktofrank.com

frank@talktofrank.com

# **Bullying**

# **Kidscape**

www.kidscape.org.uk/childrenteens/index.asp

#### The Site

http://www.thesite.org/healthandwellbeing/wellbeing/lookinga fteryourself/beatbullying

# Let's Stop Bullying

www.letsstopbullying.co.uk/children-young-people-info.html

Childline 0800 1111

www.childline.org.uk/Explore/Bullying/Pages/Bullying.aspx

# **Careers and Employment**

#### **A-Z of Careers**

www.careersa-z.co.uk contact@careersa-z.co.uk

#### **Connexions West**

01761 430900

Connexions West provides information, advice and guidance on jobs, apprenticeships, courses and other programmes for young job seekers aged 16-19, at a range of outreach locations across the area.

www.connexionswest.org

#### **GOV.UK**

**Education information** 

www.gov.uk/browse/education/find-course

Jobseeker's Information

www.gov.uk/browse/working/finding-job

Rights and responsibilities at work

https://www.gov.uk/browse/working/contract-working-hours

# Free Careers Advice for adults aged 19 years +

Call 01225 328715 to arrange an appointment at City of Bath College, Avon Street, Bath, BA1 1UP Receive help with assessing your skills, plan how to find a job, develop your CV and help with interviewing skills <a href="https://www.citybathcoll.ac.uk">www.citybathcoll.ac.uk</a>

# **National Careers Service -**

https://nationalcareersservice.direct.gov.uk/Pages/Home.as pxCareers Advice online, or through a helpline: 0800 100 900 The helpline is also the same number for the Careers Information and Advice for Young People https://www2.cxdirect.com/home.htm

# Pay and Work Rights Helpline

0800 917 2368

www.gov.uk/pay-and-work-rights-helpline

#### **Job Mothers**

01761 433161

Local Jobmothers and Jobfathers are available to provide information and advice and help you with the skills needed to find a job or career. Topics include: CV writing, jobsearch skills, job coaching, employability skills, interview techniques, short work-related courses, support during employment and training/qualifications. Sessions are open for anyone aged 16 years + in Keynsham, Radstock, Bath Job Centre Plus and Southside Youth Hub. See website for dates and times, or contact Norton Radstock College on the number above.

# www.nortcoll.ac.uk/jobmother

**Job Start** (Connexions, Keynsham Youth Service and Job Mother)

01761 430900

Community@67, Queen's Road, Keynsham, BS31 2NW Mondays drop in 1pm - 2pm, appointments 2pm - 3pm Careers advice and guidance, information on training and qualifications, help writing a CV, interviewing tips and techniques and much more.

# https://sites.google.com/site/community67/

The @67 Community project based in Keynsham is running a mentoring scheme for young people who are unemployed aged 18 year and over. the scheme will provide you with a person who will meet you on a weekly basis to support you in finding employment or in finding a course. The mentors will be volunteers from the local community who want to support young people. The scheme is funded by the Southwest Foundation.

If you live in Keynsham and might be interested please contact Mark Wilcox 0117 9868683

# Citizenship

#### GOV.UK

www.gov.uk/browse/citizenship

#### **Current Affairs**

#### **BBC**

www.bbc.co.uk/news

#### **UK Parliament**

www.parliament.uk/education

# **10 Downing Street**

www.number10.gov.uk

#### **UK Youth Parliament**

http://www.ukyp.org.uk/4598.html

# DAFBY (Democratic Action For Bath & North Somerset Youth)

Open to young people in the area aged 11 to 18. DAFBY aims to enable young people to develop skills, confidence, knowledge and awareness so that they can challenge injustice and take part in decision making. 01761 300302

www.facebook.com/DAFBY office@offtherecord-banes.gov.uk

# **European Parliament**

www.europarl.org.uk/view/en/index.html

# **Disability**



#### www.rainbowresource.org.uk

Rainbow Resource is a comprehensive directory of services, community and voluntary organisations, clubs and groups in Bath & North East Somerset, Bristol and South Gloucestershire. The Rainbow Resource is regularly updated and amended. Community groups, clubs and services can submit details about their organisations via this web site free of charge.

# **Action on Hearing Loss (Previously RNID)**

0808 808 0123
0808 808 9000 (textphone)
Providing support to people with hearing loss and Tinnitus
www.actiononhearingloss.org.uk

# **Benefit Enquiry Line**

08457 123456 Text Phone 08457 224433 www.gov.uk/browse/benefits/disability

#### **GOV.UK**

www.gov.uk/browse/disabilities/disabled-people

Don't Stick It (Mencap)
Campaign website against bullying.
www.dontstickit.org.uk

# **Dyslexia Action**

01225 420554 (local support Bath office) www.dvslexiaaction.org.uk

### **Dyspraxia Foundation**

01462 454986

www.dyspraxiafoundation.org.uk

# **National Autistic Society**

0808 800 4104
Online and telephone support
www.autism.org.uk

#### **National Bureau for Students with Disabilities**

(Department for Business, Innovation and Skills) 0800 328 5050

www.skill.org.uk

**off the record** (Bath and North East Somerset) 01225 312481

www.offtherecord-banes.co.uk

Various services offering support, including:

Young Carers - giving the opportunity to meet with other young carers who share and understand their difficulties and with whom they can swop thoughts and ideas.

Shout Out! - Children's Rights and Advocacy Service for a child or young person who is: in care, leaving or left care, homeless, Disabled, subject to a Child Protection Conference, or wanting to make a complaint about a service. Available to work with disabled children and young people aged 12 to 19 years. Call to make a referral or to

#### **Out of School activities**

request any further information.

For information on out of school clubs and activities, please see page 8.

#### **RNIB**

0303 123 9999

Website for young people with a wide range of issues that are important to blind and partially sighted young people www.rnib.org.uk/youngpeople

# Scope

0808 800 3333

A charity supporting disabled people and their families www.scope.org.uk

# West of England Centre for Inclusive Living (WECIL) 0117 9038900

Provides services to empower disabled people, giving them the opportunity to gain choice and control over their lives. www.wecil.co.uk

**Wesport** (West of England Sports Trust)
Online Disability, Sport and Leisure Directory
<a href="https://www.wesport.org.uk/page.aspx?sitesectionid=91&sitesectiontitle=Disability+Sport">www.wesport.org.uk/page.aspx?sitesectionid=91&sitesectiontitle=Disability+Sport</a>

YAGA (Youth Action Group for Access)
01761 479368 Age range: 13-19 years. Every other
Monday 4 pm - 6pm (term time
alison.hiscocks@thechildrenssociety.org.uk

#### **Education**

# **Apprenticeships**

www.apprenticeships.org.uk

**BBC** (Bitesize revision) www.bbc.co.uk/bitesize

#### **Connexions West**

01761 430900

Connexions West provides targeted information, advice and guidance services to vulnerable young people, and other young people at risk of not successfully progressing onto further education, employment and training. We work with young people aged 13-19 in schools and colleges (via referral) and with young people aged 16-19 who are not in education, employment or training (NEET) at a range of outreach locations across the area.

www.connexionswest.org.uk

#### **GOV.UK**

Information on qualifications and learning. <a href="https://www.gov.uk/browse/education/find-course">www.gov.uk/browse/education/find-course</a>

# **Library Information:**

www.librarieswest.org.uk

**Homework support** Information and Research Websites provided by Bath and North East Somerset Library Service: <a href="https://www.bathnes.gov.uk/leisureandculture/Libraries/Pages/localstudieswebsites.aspx">www.bathnes.gov.uk/leisureandculture/Libraries/Pages/localstudieswebsites.aspx</a>

Bath and North East Somerset Library Service Enquiry Centre - A team of professional librarians dedicated to finding an answer to your enquiry:

www.bathnes.gov.uk/leisureandculture/Libraries/children/Pages/Homework%20Help.aspx

# **National Exam Results Helpline**

0808 1008000

http://www.ucas.com/students/

# **Open University**

www.open.ac.uk

Course registration telephone number - 0845 300 6090

# **Local Colleges and Universities:**

## **City of Bath College**

Avon St, Bath, BA1 1UP 01225 312191

www.citybathcoll.ac.uk enquiries@citybathcoll.ac.uk

# **City of Bristol College**

0117 3125000

www.cityofbristol.ac.uk enquiries@cityofbristol.ac.uk

# **University of Bath**

Claverton Campus, Bath, BA2 7AY 01225 388388 www.bath.ac.uk

# University of the West of England

Coldharbour Lane, Bristol BS16 1QY 0117 9656261 www.uwe.ac.uk

# **Norton Radstock College**

South Hill Park, Radstock 01761 433161

www.nortcoll.ac.uk courses@nortcoll.ac.uk

# **Bath Spa University**

Newton St Loe, Bath BA2 9BN 01225 875875 www.bathspa.ac.uk

# **Bristol University**

Tyndall Avenue, Bristol BS8 1TH 0117 9289000 www.bristol.ac.uk

# **Equality of Opportunity**

# Children's Rights Alliance for England

0800 3288759

Advice for children on human rights and equality law in England. Lines open Tuesday, Wednesday and Thursday from 3.30pm to 5.30pm.

www.crae.org.uk advice@crae.org.uk

# **Equality and Human Rights Commission**

0845 604 6610

Promotes and monitors human rights and protects, enforces and promotes equality across age, disability, gender, race, religion, sexual orientation and gender reassignment.

www.equalityhumanrights.com

# **United Nations Convention of the Rights of the Child**

is an international statement of the civil, political, economic, social and cultural rights of children.

www.unicef.org.uk/UNICEFs-Work/Our-mission/UN-Convention

www.tagd.org.uk/default.aspx (UNICEF UK's website for children and young people.)

# West of England Centre for Inclusive Living (WECIL)

0117 9038900

www.wecil.com

# YAGA (Youth Action Group for Access)

01761 479368

An inclusion forum for disabled children and young people to contribute to decisions that affect them.

Age range: 13-19 years. Every other Monday 4 pm - 6pm (term time only) <u>alison.hiscocks@thechildrenssociety.org.uk</u>

#### **LGBT Youth Group**

A new group in Bath and North East Somerset for young gay, lesbian, bisexual and transgendered people. The group meets twice a month in Bath and Peasedown St John.

lgbt@offtherecord-banes.co.uk

#### Stonewall

Lesbian, Gay and Bisexual Equality Info line - 08000 50 20 20 www.stonewall.org.uk

#### **Mermaids**

020 123 4819

Family and individual support for teenagers and children with gender identity issues.

www.mermaidsuk.org.uk

# Families and Friends of Lesbians and Gays

0845 652 0311

www.fflag.org.uk

# E-Mentoring - University of Bath Students' Union

Are you aged 12 - 25 years? Are you, or think you might be gay, lesbian, bisexual or transgender? Do you have any questions about sexuality, gender identity or sexual health? Do you just want another young person to talk to about your experiences? Trained e-mentors are available to give confidential, friendly support on all aspects of sexuality and gender identity.

e-mentors@bathlgbt.co.uk

#### **Environment**

#### **Get Green!**

Bath City Farm, Kelston View, Bath, BA2 1NW A practical Skills Project for 16 - 25 year olds, Not in Education, Employment or Training (NEET). Skills learned include Animal Care, Conservation, Horticulture and Grounds Maintenance.

Sessions take place every Wednesday afternoon 1pm - 3pm. A free lunch is provided and bus fares are reimbursed. Contact Claire Mills on 01225 481269 or email <a href="mailto:claire@bathcityfarm.org.uk">claire@bathcityfarm.org.uk</a> www.bathcityfarm.org.uk

# Avon Wildlife Trust 0117 9177270 www.avonwildlifetrust.org.uk The Soil Association 0117 3145000 www.soilassociation.org

Bath City Farm
01225 481269
Kelston View, Bath, BA2 1NW
www.bathcityfarm.org.uk
Forests of Avon
0117 9633383
www.forestofavon.org

Department for Environment, Food and Rural Affairs 08459 335577 www.defra.gov.uk

# **Volunteers Federation of City Farms and Community Gardens**

0117 9231800

www.farmgarden.org.uk

# Young people's Trust for the Environment

01460 271717

16 years and under

www.ypte.org.uk

#### **Families**

**Childline** - If your parents are splitting up. 0800 1111

www.childline.org.uk/Explore/HomeFamilies/Pages/Divorce Separation.aspx

#### **Cruse Bereavement Care**

0808 808 1677

RD4U (The Road For You) Online and telephone support for young people after the death of someone close to them. www.rd4u.org.uk

**Domestic Violence** - For those 11 - 18 years who are experiencing or have experienced domestic violence and abuse.

www.offtherecordbanes.co.uk/domestic violence and abuse.aspx

# Offenders' Families Helpline

0808 808 2003

Telephone support and website available with fact sheets. www.offendersfamilieshelpline.org/index.php/informationsheets

#### The Hideout

A website to help young people understand domestic abuse and how to take positive action if it is happening to them. www.thehideout.org.uk

#### **A National Voice**

Support for Children and Young People in Care www.anationalvoice.org

#### **Who Cares? Trust**

A support trust aimed at improving lives for children and young people in care www.thewhocarestrust.org.uk

## **Gap Year**

# A Year in Industry

www.etrust.org.uk

#### **Camp America**

Summer Working in America. 020 7581 7373 www.campamerica.co.uk

# **Gap Year Information**

www.gap-year.com

# Raleigh International

020 7183 1270

www.raleighinternational.org

# Working and studying in the EU

01274 829500

www.careerseurope.co.uk

# Work and travel programmes

020 553 6180

www.bunac.org.uk

#### **General Health**

**BEAT** - Beating Eating Disorders 0845 634 7650 (Youthline) www.b-eat.co.uk

#### Childline

www.childline.org.uk

**Giving up Smoking** (including links to other related sites) www.givingupsmoking.co.uk

#### **NHS Direct**

0845 4647

www.nhsdirect.co.uk

#### **NHS Stressline**

For anyone experiencing debt, housing or employment worries 0300 123 2000

**Teenage Health Freak** (A – Z of teenage life, problem page and virtual doctor's surgery) www.teenagehealthfreak.org

# **Young Minds**

Information on mental health and related issues for young people 0808 802 5544

www.youngminds.org.uk

# **Indigo Project**

A local charity supporting young people 13 - 19 years who self harm.

0117 9602020/07790 645078

www.indigoproject.co.uk

# Housing

# The Housing Options and Homelessness Team

A free and confidential advice service on a wide range of housing matters. Appointments can be booked in advance by phoning 01225 396296 at the Guildhall, Bath, The Hollies, Midsomer Norton or Riverside, Keynsham (days and times vary). Drop in sessions are also available. In an emergency people can be usually interviewed immediately in the Guildhall, Bath: <a href="https://www.bathnes.gov.uk/Housing">www.bathnes.gov.uk/Housing</a>

# **Gateway Service**

www.housingsupportgatewaybathnes.org.uk/Data/ASPPages/1/134.aspx

Bath and North East Somerset Gateway Service is a way of accessing a wide range of support services to do with housing, where you may be homeless or at risk of homelessness, or need short term support to resettle or live independently. Applications cover housing related services across the area, including Shape young person's services:

# **Curo (Previously Shape Housing)**

01225 339330

Services range from high support for vulnerable young people with complex needs to low support for those who are ready to move on or are just settling into independent accommodation. There is also a Teenage Parents Project. www.curo-group.co.uk

# **Supported Lodgings Scheme**

01225 477802

# supported lodgings@bathnes.gov.uk

The Supported Lodgings Scheme will help young people (16 - 18 years) to develop the practical skills and emotional stability they will need to make the transition to adulthood and make a success of living independently.

 $\frac{www.bathnes.gov.uk/Housing/findingahome/supportedandshelte}{redhousing/supportedshelteredhousingadvice/pages/default.asp}{\underline{x}}$ 

# Housing advice

0808 800 4444

www.shelter.org.uk

#### **Law and Crime**

Avon and Somerset Police Crime Stoppers 101 (for non emergencies) 0800 555111

www.avonandsomerset.police.uk www.crimestoppers-uk.org

#### **Bath and District Citizens Advice Bureau**

0844 8487919

2 Edgar Buildings, George St, Bath BA1 2EE

www.cab-banes.org

# **Victim Support**

The nearest Victim Support Community Services Centre is at 36 Dean Lane, Bristol, BS3 1BS 0845 4566099
National Helpline 0845 3030900
www.victimsupport.org.uk

# SHOUT OUT! - off the record's Children's Rights and Advocacy Service

Helpline 01225 312481
Text phone 07753 891745

www.offtherecord-banes.co.uk/advocacy.aspx

# **Local Council**

**Bath and North East Somerset** 01225 394041

www.bathnes.gov.uk

# **Missing People**

Missing People

www.missingpeople.org.uk

# **Runaways**

0808 800 7070 Text for free: 80234

#### Money

# **Department of Work and Pensions**

www.dwp.gov.uk

#### **Gamblers Anonymous**

020 7384 3040

Visit the website for lists of meetings.

www.gamblersanonymous.org.uk

#### **HM Revenue and Customs**

Government site about paying tax www.hmrc.gov.uk

#### GOV.UK

Money and Tax www.gov.uk/browse/tax

For student finance, see **Students and Universities** (page 52)

#### **Parent Support**

# **Family Lives**

Parentline 0808 8002222

Telephone, online and email support (textphone available for those who are deaf or hard of hearing) on any aspect of parenting and family life.

www.familylives.org.uk

#### **Parents Information**

Advice for parents for help with childcare, schools, family leisure and recreation, children's rights, adoption and fostering, child maintenance, crime and the legal system, money and work entitlements and much more.

www.direct.gov.uk/en/Parents/index.htm

# **Family Information Service** - Bath and North East Somerset 0800 073 1214

The Family Information Service provides a comprehensive information service for families, professionals and young people in the Bath and North East Somerset area. All enquiries will be dealt with in confidence. We offer up to date, impartial information and advice covering a range of topics which include:

- Supporting families with children aged 0 20 years, to choose registered and unregistered childcare.
- Leisure and play activities for children and young people, particularly activities in the Summer break.
- Parent and family support services (including those that support children and young people with additional needs).
- Training and working with children.
- Children's Centre and out of school activities.
- Teenage information safe lifestyle choices.
- Benefits and how to pay for childcare.

Contact on the freephone number 0800 073 1214, available Monday to Thursday 8.45am to 4.45pm and Friday 8.30am to 4.30pm. There is an answerphone outside of these hours or text 07890 998806.

www.bathnes.gov.uk/fis

# 1 Big Database

1 Big Database is the place to find out about organisations, support, events and other useful things going on in Bath and North East Somerset for families, children and young people aged 0-20 years:

www.1bigdatabase.org.uk

# **Advisory Centre for Education**

0808 800 5793

Free education advice for parents.

www.ace-ed.org.uk

#### Relate

Free online relationship advice for you and your family. www.relateforparents.org.uk

# **Gingerbread - Single Parents, Equal Families** 0808 802 0925

Free information specifically for lone parents. <a href="https://www.gingerbread.org.uk">www.gingerbread.org.uk</a>

# **Parent Partnership Service**

01225 394382

The Parent Partnership Service provides parents of children with additional needs, aged 0 - 19 years, with impartial information, advice and support. This Service is available to parents of all children with additional needs (including disabilities and learning needs) who live in Bath & North East Somerset. Your child does not need to have a Statement of Special Educational Needs for you to use the service.

www.bathnes.gov.uk/educationandlearning/parentalSupport/parentpartnership/Pages/default.aspx

#### Azzoni

0845 467 4904

24 hour helpline to support families with young people aged 10 - 18 years who are, or at risk of, becoming partially or fully cared for by the Local Authority. The service supports families, where appropriate, to enable these young people to return to their families and continue living at home. <a href="https://www.azzoni.co.uk">www.azzoni.co.uk</a>

# Personal Development (also see section Volunteering)

# The Duke of Edinburgh Award

www.dofe.org

# **National Youth Agency**

www.nya.org.uk

# Raleigh International

020 7183 1270

www.raleighinternational.org

#### The Prince's Trust

www.princes-trust.org.uk

#### **UK Youth**

www.ukyouth.org

#### Youth FM Radio

http://youthfm.com

#### Racism

#### **Brit Kid**

Racial awareness for young people. www.britkid.org

# **Equality and Human Rights Commission**

Helpline 0845 6046610

www.equalityhumanrights.com

# **SARI (Support Against Racist Incidents)**

Free local support for victims of racial harassment 0117 9420060

www.sariweb.org.uk

### **School Nursing**

01225 831666

schoolnursing@sirona-cic.org.uk

School Nurses help children and young people learn how to make decisions about living in a healthy way so that they can enjoy and achieve things in their lives. Sometimes young people feel unable to talk with their parents or carers about health problems or worries. School Nurses can listen and help them to decide what to do next.

The service has an email and a general office telephone number of which is answered by school nurses or school nurse assistants.

School Nurses also provide the **Enhanced Sexual Health Service**. This is a free confidential sexual health service for young people, operating in various schools and youth clubs throughout B&NES. It offers sexual health advice, as well as contraception, pregnancy testing and Chlamydia testing kits. It is an award winning service known for confidentiality, accessibility, being friendly and also up to date.

#### Sexual Health



www.ccardfreecondoms.co.uk

**Contraceptive and Sexual Health Advice Line** 01225 831593

### C CARD

With a C Card you can get free condoms from a variety of places such as pharmacies, youth clubs (see pages 13 - 15), Off The Record (see page 26) the NHS walk-in centre in Bath (CASH), Health Centres and School Nurses.

#### **U Card Scheme**

If you have a U Card you can go to any GP Surgery, Family Planning Clinic, Young Person's Clinic, CASH, GUM (Genito-Urinary Medicine) Clinic, Paulton MIU and Walk-incentre in B&NES and they will know that you need an urgent same-day appointment for Emergency Hormonal Contraception (morning-after pill). The receptionist won't need any further explanation but will arrange for you to have an urgent appointment (the U stands for urgent). You can get a U Card from your school nurse, youth worker, and Off the Record.

# **CASH (Contraceptive and Sexual Health)**

01225 474242

Riverside Health Centre, James Street West, Bath, BA1 2BT

Tuesdays Saturdays

2pm - 3pm (appointments) 11am - 2pm (walk in

3pm - 5pm (walk in) only)

5pm - 6pm (appointments)

Wednesdays, Thursdays and Fridays 11am - 3pm (appointments)

3pm - 5pm (walk in)

# **Keynsham Health Centre**

0117 9461000

St Clements Road, Keynsham, Bristol, BS31 1AG Open Wednesdays from 6.30pm appointments only - young people friendly.

www.banes.nhs.uk/yourservices/healthcentres/Pages/ KeynshamHealthCentre.aspx

**Paulton (Minor Injury Unit)** Young people's walk-in clinic Paulton Hospital, Salisbury Road, Paulton, Bristol, BS39 7SB

Monday to Friday 3pm - 7.30pm Saturday and Sunday 1pm - 7.30pm

#### **Brook**

Free confidential and sexual health advice for young people. 0808 802 1234

www.brook.org.uk

# **Brook Advisory Centre, Bristol**

0117 9290090

1 Unity Street, College Green, Bristol, BS1 5HH Services include Contraception, screening for infections, counselling and referral for abortion.

# **Staying Safe**

#### Chatdanger

A site all about the potential dangers on interactive services online such as chat, Instant Messenger and online games. www.chatdanger.com

Child Exploitation and Online Protection Centre (CEOP)

Information on online safety for 11 years + and how to report any concerns.

http://www.thinkuknow.co.uk/11 16/

# **Suzy Lamplugh Trust**

Information to help keep you safe. Fact sheets include:

- Travelling to and from school
- Personal safety when cycling
- Safety on the internet
- Halloween Safety
- Staying safe on the streets
- Safety on public transport

http://www.suzylamplugh.org/personal-safety/information-for-children-and-young-people/

#### Students and Universities

#### **NUS (National Union of Students)**

0845 521 0262

National union of students.

www.nus.org.uk/en

#### **UCAS**

0871 4680468

Universities and colleges admissions service. Helping students into higher education.

www.ucas.ac.uk

enquiries@ucas.ac.uk

# **National Exam Results Helpline**

0808 1008000

# **Hot Courses Student Money**

Guides to planning student finance including loans, and scholarships.

www.scholarship-search.org.uk

#### **Prospects**

UK's official Graduate careers website.

www.prospects.ac.uk

# **Student Finance England**

0845 300 5090

Services and information on financial support for students in higher education.

www.gov.uk/browse/education/student-finance

#### Travel

# **First Group Buses and Trains**

0871 200 2233 Traveline for bus timetable enquiries

www.firstgroup.com/ukbus

www.firstgroup.com/uktrain

Head office number for general enquiries 0117 3736400

# **National Rail Enquiries**

www.nationalrail.co.uk

08457 484950

# Railcard (16 - 25 years)

Save 1/3 on rail fares across Britain.

www.railcard.co.uk

#### **National Express Coaches**

08717 818178

Disabled persons helpline 08717 818179

www.nationalexpress.com

Young Persons Coachcard (aged between 16 and 26 years) www.nationalexpress.com/coach/offers/studentcoachdeals.cfm

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# Sustainable transport and Cycling

0845 1130065

www.sustrans.org.uk

# Volunteering

# **Volunteering England**

www.volunteering.org.uk

# Volunteering

Independent charity championing youth volunteering. <a href="https://www.vinspired.com">www.vinspired.com</a>

# **Change Makers**

020 527 8802

Independent charity and social enterprise that enables young people to make a contribution to society.

www.changemakers.org.uk

#### Worldwide volunteering

01935 825588

A charity supporting people to take part in fulfilling and inspiring volunteering projects in the UK and around the world.

www.worldwidevolunteering.org.uk

# **Young Parents**

The 'Young Parents' One-Stop Shop' booklet is available from your midwife in a Young Parent Pack. Copies can also be posted by the Family Information Service. It is a detailed support booklet for all young parents in the area.

# Could you be pregnant?

0808 802 1234

www.brook.org.uk/pregnancy/could-you-be-pregnant

# **Young Parents Project**

07921 041724

Giving young parents and parents to be - both mothers and fathers - aged 19 and under, information, support, advice and practical assistance however they need it. (please note that the project only runs 21 hours a week). <a href="https://www.offtherecord-banes.co.uk/young\_parents.aspx">www.offtherecord-banes.co.uk/young\_parents.aspx</a>

#### **Education for the Future**

Percy Community Centre, BA1 2BN 0117 9717428

Open to young parents under the age of 19 years with an emphasis on education and gaining qualifications in a relaxed atmosphere. Crèche and lunch are provided. Contact for dates and times.

# Young Parents' One Stop Shop

01225 396662

Parkside Children's Centre, Charlotte Street, Bath, BA1 2NE For parents and parents to be aged 19 and under. Drop in on Thursdays between 2pm and 4.30pm, for practical advice, support and to see a midwife or health visitor.

Radstock Youth and Children's Centre, Church Street, BA3 3QQ For parents and parents to be aged 19 and under. Contact Louise on 01225 395447

#### Care to Learn

0800 121 8989

A grant available to young parents to pay for childcare whilst they are in education or training.

www.gov.uk/care-to-learn

# **Family Information Service**

The Family Information Service is an award winning, quality accredited information service for parents and carers of children and young people aged 0 to 20 years.

The Family Information Service also provides information on:

- Leisure activities
- Birthday party ideas
- Childcare options
- Parent and toddler groups
- Play opportunities
- Specific information for children and young people with additional needs
- Working with children
- And much more!

# Please contact us on 0800 073 1214 or fis@bathnes.gov.uk

If you notice any incorrect details in this publication, please let us know. Also, if you would like your facility, club or organisation mentioned in this booklet please contact us and we will include you in the next edition.

- Activities for Young Children
- Dance, Drama, Music and Summer Activities Theatre
- Days Out
- Leisure Centres
- Museums
- Parks and Gardens
- Sports Clubs

- Uniformed Youth Groups
- Youth Clubs
- After School and Saturday Clubs for Children with **Additional Needs**
- The Source (for young parents)





# Family Information Service (FIS)

Freephone helpline: 0800 0731214 during office hours, out of office hours there is an answerphone service

Email: fis@bathnes.gov.uk

Mobile/Text: 07980 998906

This document can be made available in a range of languages, large print, Braille, on tape, electronic and accessible formats from FIS.





Family Information Service - Information on childcare, early years education and family support 0800 073 1214