

A One Stop Shop for Young People's Information

www.bathnes.gov.uk/fis



Spring 2014

The information in this booklet was compiled by the Family Information Service (FIS) - we hope you find it helpful and informative. However as with all paper based information it is only accurate at the time of printing, we would encourage you to check the web site www.bathnes.gov.uk/fis where information is regularly updated. Alternatively ring the freephone helpline below and the Information Team will be happy to help you find the services you require.

If you are concerned about the immediate safety of a child or young person, you should contact the Referral and Assessment Team Duty Officer: 01225 396313/4, or for out of hours support the Emergency Duty Team: 01454 615165

Where a young person requires the support of a number of services and there is a need for those services to be co-ordinated – the young person is entitled to a Common Assessment which should be completed with the support of a member of the children’s workforce (e.g. teacher, school nurse, youth worker, Connexions personal adviser etc.). For more information, call the Family Information Service (FIS) see contact details below, or email CAF@bathnes.gov.uk.

We would always advise you to make an initial enquiry to the relevant organisation prior to using their services to ensure that they adhere to child safe practices.

If you would like more copies of the booklet, or copies in a different format, please contact FIS .

Family Information Service (FIS)
Freephone helpline: 01225 395343 during office hours, out of office hours there is an answerphone service
Email: fis@bathnes.gov.uk
Mobile/Text: 07980 998906

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If you would like your facility or club mentioned in this booklet please let The Family Information Service know and we will include you in the next edition.



www.1bigdatabase.org.uk

1Big Database (1BigD) is a comprehensive website that holds online information about services for 0 to 20s.

1BigD is an excellent online resource for parents, children, young people, carers and professionals in Bath & North East Somerset, Bristol and South Gloucestershire.

There is a range of information on the website about national and local organisations that offer support to families including parenting support, advice for young people, health, housing, disability, legal advice, leisure and lifestyle.

Visit www.1bigdatabase.org.uk to register online, or contact The Family Information Service on 01225 395343 for more details.

Leisure Centres

Bath Sports and Leisure Centre

North Parade Road, Bath, BA2 4ET

01225 486905

www.aquaterra.org

Facilities include gym, exercise classes, swimming, aqua aerobics, football, badminton, bowls, sauna and steam room, volley ball, squash, tennis, table tennis, swimming lessons and basket ball. A holiday programme is also available for ages 8 to 15 years.

Active Club

A term time only club Monday - Thursday after school and on Saturdays for ages 8 to 15 years 4pm - 6.30pm. A club based at the Active Zone - with 16 dance mats, an interactive sports wall, spin bike, cross trainers and resistance equipment. The club also offers Zumba®, Junior Boot Camp and Multi Sport (including rounders, football, dodgeball, badminton and table tennis). The Active Zone is also open Saturday 9am - 1pm.

Badminton Club 01225 335347

Basketball Courts available for hire at junior rate

Dance Jazz, Salsa, Zumba and Street Dance

Football Pitches available for hire at junior rate

Gym For age 16 +

Kickboxing Bath Wutan Kickboxing

<http://bath.taichi-kungfu.co.uk/kickboxing>

Lifeguarding Training starts at 16+

Martial Arts Bath Judo Kwai

www.http://bathjudokwai.onsport.com/

Bristol Wing Chun Academy

www.bristolwingchun.com

Bath Judo Club www.bathjudo.org.uk

Netball Courts available for hire

Squash Courts available for hire

Swimming Bath Dolphin Swimming Club

www.bathdolphin.co.uk

Table Tennis Available to hire

Volleyball Available to hire at junior rate

Chew Valley Leisure Centre

Chew Lane, Chew Magna, Bristol, BS40 8QB
01275 333375

www.chewvalleyleisurecentre.co.uk

Facilities include fitness suite (minimum age for use 16), sprung floor studio, tennis courts, squash courts, badminton courts, netball courts (and netball courses) and football pitches.

Activities held at the centre include: Gymnastics, Football, Hockey, Jazz Dance, Street Dance, Cheerleading, Kung Fu and Tae Kwon Do. Call 01275 333375 for more information or see the website.

South Wansdyke Leisure Centre

Rackvernal Road, Midsomer Norton, BA3 2UG
01761 415522

www.aquaterra.org/south-wansdyke-sports-club

The centre has a 25 metre swimming pool, Norton Radstock Swimming Club, Sub Aqua Club, squash courts, multi-purpose hall, flood-lit outdoor football and tennis courts.

The Active8 Club meet on Saturdays 9.30am - 12.30pm for 8 - 12 year olds where a number of activities take place with an hour in the pool at the end of the session.

University of Bath - Tribe

Fantastic sports facilities with a variety of activities on offer including Athletics, Badminton, Football, Hockey, Judo, Netball, Swimming, Tennis and Trampolining. Holiday activities also available for some of the above sports. Call 01225 386915 or visit the website for more information.

www.teambath.com

Keynsham Leisure Centre

Temple Street, Keynsham, Bristol, BS31 1HE
01225 395164

www.aquaterra.org/keynsham-leisure-centre

Facilities include 25 metre pool, Gym, indoor Sports Hall, squash and badminton courts, and sauna.

Amateur Swimming Club	0117 9831590
Keynsham Lifesaving Club	0117 9635242
Keynsham Junior Badminton Club	(Broadlands School)

www.keynshamjbc.org.uk

There are many other clubs running in the area such as hockey, rowing, martial arts, rugby, football, croquet, netball, athletics, tennis, water polo, sailing, bowls, squash, cricket, cycling etc. For details contact the Get Active Team on 01225 396429 or email:

getactive@bathnes.gov.uk

Culverhay Sports Centre

Rush Hill, Bath, BA2 2QL
01225 480882 or 01225 486902

Open weekday 5.00pm - 10pm and weekends 9am - 2pm

www.aquaterra.org/culverhay-sports-centre

Centre facilities include: football, badminton, basketball, netball and table tennis.

Other external clubs meeting on the premises include Bath Bubble (scuba diving www.bathbubbleclubuk.co.uk/), City of Bath Rhythmic Gymnastics and Bath Tae Kwon Do Club (www.bathtkd.com). Lifeguarding courses also take place during the year.

Writhlington Sports and Leisure Centre

Knobsbury Lane, Radstock, BA3 3NQ

01761 438559

www.writhlingtonsportscentre.co.uk

Facilities include: cricket, tennis, badminton, five-a-side football, volleyball, netball, basketball, Karate and the climbing wall. Courses are available for cricket, tennis, trampolining and gymnastics.

The junior gym designed for 11 - 15 year olds offers fitness equipment with television screens (restricted opening hours and sessions must be booked). Dance mats are also available, along with an interactive sports wall.

Baskervilles Gym - Teen Fitness Classes

Englishcombe Way, Bath BA2 2EJ

01225 330001

www.baskervillesgym.co.uk

Sessions held in the fitness suite specifically for young people aged 11 - 17 years.

Gymnastics also offered up to the age of 16 years including use of equipment such as the trampoline.

Skate Parks

Midsomer Norton Skate Park

Gullock Tynning, Midsomer Norton, BA3 2UH

Keynsham Memorial Park

Bath Hill, Keynsham, Bristol, BS31 1DP

Royal Victoria Park

Upper Bristol Road, Bath

Entrance on Park Lane, BA1 2LZ

Batheaston Village Play Area

Skateboard ramp (mini half pipe)

BMX Play Tracks

These are all 'option 1 standard' tracks unless otherwise stated and are ideal for informal use and for developing bike skills. The layout of jumps and berms vary, but each track is contained within in area of approximately 30mx14m:

Daglands Park, Camerton

Kelston Road Park (Keynsham)

Keynsham Road BMX track, (Close to BS31 2BN)

Paulton Miners Welfare Recreation Ground

Peasedown Miners Welfare Recreation Ground

Pennyquick Park, Twerton

Pensford Play Area

Radstock, Tynning (Woodborough Road)

Southfields (Radstock)

Springfield Park, Foxhill (Bath)

Westhill Recreation Ground, Westfield (Radstock)

Brickfields Park (Bath) - Informal bike play track with jumps

Tunley Recreation Ground - A series of low informal landscaped mounds

The Tumps, Odd Down, Bath, BA2 2AX - Next to the playing fields at Chelwood Drive, just off of Bloomfield Drive. Track is built to Regional Standard Specification.

www.bathbmx.com

For further information on bike play tracks please contact Chris Revill at the Council's Play Team on 01225 396433.

Play

In 2008, the Government awarded money to develop and renew 32 play spaces across the Bath and North East Somerset area. For a list of these, please see the Parks and Gardens leaflet produced by the Family Information Service. Please see the contact details at the end of this booklet.

Bath Area Play Project

01225 832479

Community Play Rangers facilitate and support children's play in outdoor environments. Sessions are open to all and aimed at 5 -13 years. Locations include:

- Hillcrest Field, Southdown
- Kensington Meadows, Walcot
- Southside Youth Hub, Whiteway
- Recreation Ground, Weston
- The Firs, Combe Down
- Springfield Park, Foxhill

www.bapp.org.uk

Wansdyke Play Association

01761 568242

Community Play Rangers run sessions all year round in parks and open spaces for children and young people aged 5 - 16 years in:

- Westhill
- Peasedown St John
- Midsomer Norton
- Radstock
- Frome

www.wpa-play.com

Holiday playschemes also take place during some school holidays. For dates and venues please contact the above telephone numbers or call the Family Information Service (01225 395343).

Percy Community Centre

07582 507165

Open access outdoor play service

Play workers provides a range of resources and activities for young people from 4 - 13 years to become involved in and enjoy.

Younger children welcome to join in with a supporting adult of their choice. Play workers will not provide child care and do not have responsibility for the children within the park but will provide safe and supported activities for those who chose to join in.

Balance Street play area. (Balance Street is off Julian road, opposite the shops.) **Mondays and Fridays** 3.30pm to 5.30pm during term time and 2pm - 4pm during the holidays. For more information please email oureach@percycentre.org.uk or phone 07582 507165

Out of School Clubs Specifically for Disabled Children and Teenagers

A more detailed leaflet 'After School and Saturday Clubs for Children with Additional Needs' is available from the Family Information Service. Please see contact details at the end of this booklet.

Bath Area Play Project - Teenage Rampage 13 - 19 years

The Hut, Twerton, Bath, BA2 1RX

01225 832479 www.bapp.org.uk

Tuesdays term time only (holiday play schemes often available through Bath Area Play Project at Threeways School)

National Autistic Society

0117 9748400 rebecca.peacock@nas.org.uk

Groups meet in central Bath on a Tuesday night for ages 8 - 12 years and 13 - 18 years. For more information please contact Rebecca Peacock.

Bath Junior Gateway Club (Mencap)

Weston Children's Centre Bath, BA1 4EH

07794 313318 (Wayne Brooks) mail@bathmencap.org.uk

Two clubs for 7 - 19 year olds on Wednesday evenings. Please call for times and details.

After 3! Three Ways After School Club

01225 838070 threeways_spe@bathnes.gov.uk

Various activities available from 3.20pm - 4.20pm, all clubs are £30 per term.

Fosseway After School Club

01761 412198 (Hannah Jones)

office@fossewayschool.com

3pm - 5pm ages 3 - 11 years. £2 per session

Kids Youth Club

Youth club for teenagers with a disability. Fridays 19:00 – 21:00

Please contact Andrew.Gillan@kids.org.uk or call 01179 476111 for more information.

Time2Share

0117 9415868 hello@time2share.org.uk

www.time2share.org.uk

Bath 14 - 19 years (Dinner, Skittles and Cinema Groups)

Norton Radstock 14 - 19 years (Dinner and Skittles Group.)

Wireworld Group meets in the summer holidays.)

18+ Group for Bath and North East Somerset meet once a month for a skittles night and once a month for another activity as chosen by group members.

Inclusive After School Club

Bath Sports Centre, North Parade, Bath, BA2 4ET

01225 396429 (Bath and North East Somerset's Get Active Team) Club includes swimming, multisport and Wheels for All on Monday nights for ages 7 - 18 years. £24 for 6 weeks.

Bath Mencap and Gateway Sports Club

Bath Sports Centre, North Parade, Bath, BA2 4ET
01225 742265 (Brian Downs) mail@bathmencap.org.uk
Thursday evenings, 6pm - 7pm (dry sports) 7pm - 8pm
(exclusive use of the swimming pool). Under 15s must be accompanied by an adult.

Bath Mencap Gateway Out & About Club

01225 426604 (Becky Morgan) beckymorgan2@sky.com
For disabled and disadvantaged individuals aged 18 + offering social and leisure activities.

Bath Mencap 18+ Gateway Club

01373 865143 (Mrs Frisby)

Keynsham Mencap

0117 9865659 (Laura or Pauline) All clubs are term time only
There is an annual charge of £35 per family Please contact for dates and times:

Football Club (Broadlands School, Keynsham) 5 - 18 years

Keynsham Juniors (Keynsham) 11 - 18 years

Radstock Gateway Club 11 - 18 years

Super Saturday Club (Bath) 5 - 18 years

18+ Group (Keynsham)

Wansdyke Play Association**Term Time Saturday Club**

10 Redfield Road, Midsomer Norton, BA3 2JN
07841 455509 (Aisling Gormley) admin@wpa-play.com
10am - 2pm ages 13 - 19 years. £5 per session or £7.50 to include lunch.

The Zone Youth Project at Chew Valley

01761 568242 admin@wpa-play.com
Lake View House, Chew Valley School, Chew Stoke, Bristol, BS40 8QB
Thursdays 3.30pm - 6pm ages 11 - 19 years

Keynsham Seals

Keynsham Leisure Centre,
BS31 1HE
0117 9861438

Kids**Bath Saturday Club**

Parkside Children's Centre, BA1 2NE
0117 9476111 (Julia) www.kids.org.uk
9.30am - 1.30pm (term time only) ages 5 - 13 years

Relationships and Sexuality Group

Odd Down Community Centre, Bath, BA2 2TL
0117 9476111 (Stacey or Louisa)
Every 3rd Thursday 7pm - 9pm, ages 13 - 25 years.
Please note that places at the clubs in this section need to be booked in advance.

Leisure Centres in Surrounding Areas

Bristol:

Bristol South

Dean Lane, Bristol, BS3 1BS
0117 9031620

Easton Leisure Centre

Thrissell Street, Easton, Bristol, BS5 0SW
0117 9558840

Hengrove Park Leisure Centre - New in 2012

The Boulevard, Hengrove Park, Bristol, BS14 0JZ
0117 9370200

North Somerset:

Backwell Leisure Centre

Farleigh Road, Backwell, Bristol, BS48 3PB
01275 463726

Churchill Sports Centre

Churchill Green, Bristol, BS25 5QL
01934 852303

South Gloucestershire:

Kingswood Leisure Centre

Church Road, Staple Hill, Bristol, BS16 4RH
0300 333 0300

Longwell Green Leisure Centre

Aspects Leisure Park, Longwell Green, Bristol, BS15 9LA
0300 333 0300

Youth Hubs/Clubs

Youth Hubs provide a safe, inviting environment for young people aged 13 to 19. The activities provided include sport, art and crafts, dancing, Parkour (PK), cookery, radio, Babysitting Courses and much more. Youth Service staff organise project work on issues such as drugs, health, crime prevention and community safety. They also offer 1:1 support. This can be for a wide range of issues from help with relationships difficulties, conflict or bullying, finding a job or college course, housing etc.

For general enquiries, dates and times in Bath and North East Somerset please call the Youth Service on 01225 396980 or go to:

www.bathnes.gov.uk/services/children-young-people-and-families/advice-and-information-young-people-b-active/youth-hubs

Southside Youth Hub

Kelston View, Whiteway, Bath BA2 1NR
01225 394482

General drop in sessions available. Other activities can include:

An Unemployment Group for under 25 years, 5 A Side Football League, Young Parent's Group for under 25 years, Healthy Cooking, Arts and Gardening.

Gym open:

Monday and Wednesday 4.30pm - 6.00pm and 7pm - 9pm
Tuesday and Friday 7pm - 9pm

Facilities include: an outdoor court, gym, music studio, sensory room and a community café open weekdays with free internet access.

Riverside Youth Hub

York Place, London Road, Bath BA1 6AE

01225 337844

Drop in sessions available. Other activities can include:

Music, Graffiti, sport, cooking and arts and craft.

Facilities include: a coffee bar area with kitchen, music studio, outdoor court, a multi-use hall and free internet access.

Radstock Youth Hub

Church Street, Radstock, BA3 3QQ

01761 439255

Drop in sessions available and a support group for young people who are Not In Education, Employment or Training (NEET)

Facilities include: a coffee bar area with kitchen, indoor sports hall and free internet access.

Peasedown Youth Hub

Bath Road, Peasedown St John, Bath BA2 8DH

01761 432294

Drop in sessions available to all in Year 7 and above. Other activities can include: Art sessions, Homework support, Street Dance, Parkour, Farm Sessions, Trampolining and much more.

Facilities include: a coffee bar area with kitchen, art room, indoor and outdoor sports hall, meeting room space with free internet access.

Mobile Youth Project takes place wherever Youth Workers and young people may meet; this could be in parks or on street corners. Mobile/Detached Youth Workers build relationships with young people and offer clear information, advice and support based on the needs of the young people.

The Youth Workers are out and about in the following areas: Bishop Sutton, Chew Stoke, Odd down, Foxhill, Saltford, Paulton and Midsomer Norton. For dates and times visit:

<http://www.bathnes.gov.uk/services/children-young-people-and-families/advice-and-information-young-people-b-active/youth-hubs> or contact the Youth Service Office: 01225 396980

Voluntary Sector Youth Clubs**BA2 Club**

Odins Road, Odd Down, Bath, BA2 2TL

01225 832479

Open Wednesdays 7pm - 9pm, 11 - 17 years

Projects available on other nights, call for details.

Percy Community Centre

New King Street, Bath, BA1 2BN

01225 423014

www.percycentre.org.uk

Percy Youth Project Thursday 7pm - 9pm

Media and music projects

Open Tuesdays and Wednesdays 7pm - 9.30pm

Batheaston Youth Club

School Lane, Batheaston, Bath BA1 7EP

01225 852645 for details.

Open Monday, Tuesday and Thursday 6.30pm - 9.00pm

TimeOut Drop-in Centre

1-2 River Terrace, Temple Street, Keynsham, Bristol,
BS31 1HE

0117 9868683

youthworker@keynsham-tc.gov.uk

Open drop in sessions at Timeout:

Mondays and Thursdays 7pm - 9.30pm

Project night: sessions aimed at developing young people's life skills including workshops such as: bullying, health, drugs, first aid, healthy eating, politics, counselling, skills for life and independent living and much more.

Detached Youth Work: The Youth Workers are based around the streets and areas of Keynsham.

Contact them on 07534 774169.

Timsbury Youth Club (YMCA)

North Road, Timsbury, Bath, BA2 0JH

01761 472116

Sessions run on Mondays and Wednesdays from 6.30pm - 10pm

Church based Youth Clubs/Cafés

@one - St John's Youth and Community Centre, The Park, Keynsham, Bristol, BS31 2BL

07890 569534

ddcrouch@hotmail.com

Youth Group: Mondays 7pm - 9pm for young people in Year 8 and up.

Shake@One: Tuesdays and Wednesdays, 3.30pm - 6pm

Milkshakes, juice, hot chocolate provided along with Wii games, pool tables, table football and a place to chill.

Outreach and Detached Youth Work: Work based on the streets of Keynsham on Tuesdays 6pm - 7.30pm

Bath Youth For Christ www.bathyfc.co.uk

Central Youth Café - Friday nights at Hay Hill

Baptist Church, Fountain Buildings, Bath, BA1 5DU

St Luke's Café - Wednesdays, Hatfield Road, Bath, BA2 2BD

Weston Youth Café - Tuesdays 7-9pm during term time, Weston Children's Centre, Penn Hill Road, Bath, BA1 4EH

Twerton Youth Café - Tuesdays at The Rec House, High Street, Twerton, Bath, BA2 1DL

Oldfield Park Youth Café - At The Crypt, Ascension Church, Bath, BA2 1AG

Cafes also available in Beechen Cliff and St Mark's Schools.

Keynsham Methodist Church

Meet fortnightly on Friday 7.30pm - 8.30pm at Victoria

Methodist Centre, Charlton Rd, Keynsham, Bristol, BS31 2JA

Shed Youth Club - Thursdays at Chew Magna Baptist Church, Tunbridge Road, Chew Magna, Bristol, BS40 8SP

www.chewbaptist.org

Youth club - Friday evenings at St Swithin's, The Gateway, Snow Hill, Bath BA1 6DH www.stswithinswalcot.org.uk

Deaf Youth Club

0117 330 7575

The Family Centre (Deaf Children) is now running a Deaf Youth Club. It is open to 11-19 year olds living in and around Bristol. There is a weekly club on Friday evening during term time, with quarterly 1/2 day Saturday sessions and a programme of activities in the school holidays.

Other Groups

Cubs, Scouts and Explorers

Bath area - Batheaston, Bathampton, Combe Down, Larkhall, Oldfield Park, Southdown and Weston.

www.bathscouts.org.uk

Wansdyke area - Chew Valley, Clutton, High Littleton, Keynsham, Midsomer Norton, Paulton, Peasedown St John, Radstock and Saltford. www.wansdykescouts.org.uk

Avon County Telephone number: 01454 613006

Brownies, Guides and Rangers

National website: www.girlguiding.org.uk/home.aspx

Bath areas including Walcot, Larkhall, Bathampton, Batheaston and Bathford: natalie.robbs@gmail.com

Oldfield Park and Southdown areas:

dianabrownies@hotmail.com

www.girlguidingbath.org.uk

Wansdyke area: tracy.reed@talk21.com

Bath Sea Cadets

St John's Road, Bathwick, Bath, BA2 6PX
01225 460365

www.sea-cadets.org/bath/address.aspx

Bath Air Cadets 93 Squadron

Upper Bristol Road, Bath, BA1 3AE
01225 482059

www.bathaircadets.org.uk

Bath Air Cadets Military Marching Band

TA Centre, Upper Bristol Rd, BATH BA1 3AE

Meet Tuesdays 1900-2130 For ages 13 to 20 years

Contact Brian: 01225 401050 or email:

bh007g4461@blueyonder.co.uk

Keynsham Air Training Corps 2386 Squadron

Ashmead Road, Keynsham, Bristol, BS31 1SX

0117 986 9581

www.2386atc.com

Boys Brigade (11 - 18 years)

www.boys-brigade.org.uk

www.bathbb.org.uk

Radstock and Bath (Weston)

Girls Brigade (10 - 18 years)

www.girlsb.org.uk

Email for local group details: gbco@girlsbrigadeew.org.uk

2nd Bath & 1st Timsbury - 01761 416515

1st Radstock - 07967 336192

3rd Keynsham - 0117 9862242

St John's Ambulance Bath Cadets (10 - 17 years) and Youth Group (16 - 25 years)

1 Weirside Court, Lower Bristol Rd, Bath, BA2 1AZ

01225 463806

bath@avon.sja.org.uk

www.sja.org.uk/sja/counties/avon/units/bath.aspx

Young Farmers (10 - 26 years)

Groups in Bath, Chew Valley and Farrington Gurney.

01278 691711

www.somersetyc.org.uk

Youth Music

Music centres operated by the Bath and North East Somerset Council Music Service:

<http://www.bathnes.gov.uk/services/schools-colleges-and-learning/governors-teaching-professionals/music-service/music-centres>

Centres based in Bath, Keynsham, Midsomer Norton.

Weekly activity includes a full Symphony Orchestra; a Symphonic Wind Orchestra; Youth Choir; Brass Bands; Guitar Groups and many more. Groups start at around Grade 1 standard onwards. Senior Ensemble groups start at Grade 5 standard.

Bath & North East Somerset Society of Young Musicians

Wellsway Academy of Music

Wind Band, String Ensemble, Guitar Ensemble Tuesday 4.30pm to 6.30pm, Cantilena Youth Choir 7pm to 9pm, Wellsway School, Chandag Road, Keynsham, Bristol BS31 1PH

Rock Band Academy

Tuesdays, 4.30pm to 6pm Beginners, 6pm to 7.30pm Advanced, Riverside Youth Hub, York Place, London Road, Bath, BA1 6AE

Wednesday Orchestral Centre

Junior Strings, Intermediate Orchestra, Wednesdays 5pm to 7pm. Schools' Philharmonic Orchestra 7pm to 9.15pm Hayesfield Upper School, Upper Oldfield Park, Bath BA2 3LA

Mendip Music Centre

Training Wind Band, Intermediate Wind Band, Training String Ensemble, Intermediate String Ensemble, Choir & Guitar Groups Thursdays 4.30pm to 6.30pm Midsomer Norton Primary School, High Street, Midsomer Norton, BA3 2DR

Saturday Morning Music Centre

Senior Wind Band, Training Wind Band, Intermediate Wind Band, Brass Tacks, Flutes Galore, Incantation, Sax Ensemble, Choir, Guitar Ensemble – Acoustic and Electric, Musicianship classes, Music Time (4-7 year olds) & Music Club (7-11 year olds) Saturdays 9.30am to 12.30pm Hayesfield Upper School, Upper Oldfield Park, Bath BA2 3LA

For more information contact the Music Service on 01225 395388 or visit their webpage:

<http://www.bathnes.gov.uk/services/schools-colleges-and-learning/governors-teaching-professionals/music-service>

Southside Youth Hub

Kelston View, Whiteway, Bath, BA2 1NR
01225 394482

Music Suite available for hire including an editing suite and band practice room. The editing suite includes the cost of a specialist worker to help with the equipment.

www.bathnes.gov.uk/services/children-young-people-and-families/advice-and-information-young-people-b-active/youth-hubs#southside

Local bands:

BA2 Club

Odd Down Community Centre, Odins Road, Odd Down, Bath, BA2 2TL
01225 832479

Music Space, including a combination of digital music technology to sample, create and mix tracks and a recording area using instruments available, including drums and guitars.

Wednesdays 4.30pm - 6.30pm 12 years and over.

www.bapp.org.uk

Bath Spa Band and Training Band

Elim Pentecostal Church, Charlotte Street, Bath, BA1 2ND

www.bathspaband.co.uk

Paulton Concert Band

Holy Trinity Church, Paulton, Bristol, BS39 7LG

01761 415558

www.paultonconcertband.co.uk

Keynsham Brass Band and Training Band

<http://www.keynshambrassband.org.uk/>

Keynsham Cavaliers Youth Marching Band

Contact: John Coote

Tel: 0117 247032

Email: john.coote@blueyonder.co.uk

Percy Community Centre

Studio Time

New King Street, Bath, BA1 2BN

01225 423014

Get FREE recording sessions from a professional studio. Just come along to meet other musicians, record beats for your vocals, record your songs, and have fun. Wednesdays 5-9pm for young people aged 12 - 17. Drop in any session to get signed up!

Steel Pan School

Children's Steel Pan lessons with members of the Rainbow Steel Orchestra. Please call 01225 423014 for more information. Saturdays 12 – 2pm at Percy Community Centre

www.percycentre.org.uk/music

Dance and Drama

Stardust Majorettes

Based in Chilcompton and Writhlington Sport Centre

07976646485

stardust-majorettes@hotmail.co.uk

Susan Hill School of Dancing

4 Fortescue Road, Radstock, BA3 3PH

01761 438885

Classical ballet, tap, musical theatre, freestyle jazz and street jazz, break dancing.

www.susanhillsofdancing.co.uk

Tracy King Theatre School

URC Halls, Grove Street, Bath BA2 6PJ

07990 527299

Musical theatre, drama, streetdance, pop music, improvising and jazz dance

Ages 4 to 16 years.

www.tkts.com

Stagecoach Theatre School

Wellsway School, Keynsham and Hayesfield School Bath

01932 254333

Drama, singing and dance for children 4 -18.

www.stagecoach.co.uk

Curtain Up

St Gregory's Catholic College, Bath

01761 239185

Stage school for ages 6 - 16 years.

www.curtainup.org.uk

Avon Dance Academy

Timsbury, Camerton, Dunkerton and Chew Magna
Tel: 01761 254280
Ballet, Tap, Modern Jazz
Ages 2yrs 6 months to adult
www.avondanceacademy.com

Cinemas

Little Theatre - www.picturehouses.co.uk/cinema/The_Little

St Michael's Place, Bath, BA1 1SF
0871 704 2068

Odeon - www.odeon.co.uk

James' Street West, Bath, BA1 2BX
0871 224 4007

Cineworld - www.cineworld.co.uk

Hengrove Leisure Park, Bristol, BS14 0HR
0871 200 2000

Showcase - www.showcasecinemas.co.uk

Avonmeads, St Phillips Causeway, Bristol, BS2 0SP
0871 220 1000

Vue, www.myvue.com

Longwell Green, Aspects Leisure Park, Bristol, BS15 9LA
Cribbs Causeway, Merlin Road, Bristol, BS10 7SR
Booking Line - 08712 240240

Cinema de Lux - www.showcasecinemas.co.uk

Cabot Circus, Bristol, BS1 3BX
0871 220 1000

Vue, www.myvue.com

Longwell Green, Aspects Leisure Park, Bristol, BS15 9LA
Cribbs Causeway, Merlin Road, Bristol, BS10 7SR
Booking Line - 08712 240240

Cinema de Lux - www.showcasecinemas.co.uk

Cabot Circus, Bristol, BS1 3BX
0871 220 1000

Libraries

See www.bathnes.gov.uk for more information, or call
01225 394041

Bath Central

19 The Podium, Northgate Street, Bath BA1 5AW

Moorland Road Library

Moorland Road, Bath BA2 3PL

Radstock

The Street, Radstock BA3 3PR

Weston Library

Church Street, Weston, Bath BA1 4BU

Keynsham

Riverside, Temple Street Keynsham BS31 1LA

Saltford Library

478a Bath Road, Saltford BS31 3DJ

Midsomer Norton

119 High St., Midsomer Norton BA3 2DA

Paulton

1-2 Hill Court, High Street, Paulton BS39 7QG

Useful Contact Details for Information, Advice and Support Services

Childline

If you are worried about anything, it could be something big or small - don't bottle it up. It can really help to talk to someone. If there is something on your mind. Childline is there for you.

Freephone number - 0800 1111

www.childline.org.uk

Compass Project

The Compass Project provides direct support children and young people aged 8 -18 who are at risk of offending and are committing anti-social behaviour and have not yet been arrested by the police

01225 396194 or email: compass@bathnes.gov.uk

Get Connected

Get Connected provides a free and confidential helpline for under 25s, offering a support and signposting service, working with others to ensure that appropriate help is available. From stress, anxiety, depression - Get Connected can help.

0808 8084994 and webchats (1pm - 11pm daily)

Text 80849 7pm - 11pm (Monday - Friday)

www.getconnected.org.uk

Mentoring Plus

A youth crime prevention project for 12 -17 year olds who have offended or at risk of offending

www.mentoringplus.net

NSPCC (National Society for the Prevention of Cruelty to Children)

0808 800 5000

www.nspcc.org.uk

Off The Record Drop-in Sessions

01225 312481 Textphone 07753 891 745

Bath

Open House Centre, Manvers Street, Bath BA1 1JW

Open Mon -Thurs 4pm - 7pm (1pm - 4pm by appointment)

Keynsham

Severn Way Surgery, Severn Way, Keynsham, Bristol, BS31 1NU

Open Wednesday 4pm - 7pm

Midsomer Norton

113a High Street, Midsomer Norton BA3 2DA

Tues & Thurs 4pm - 7pm

www.offtherecord-banes.co.uk

office@offtherecord-banes.co.uk

Mind

13 Abbey Court Yard. Bath, BA1 1LY

01225 316199

www.bathmind.org.uk

admin@bathmind.org.uk

Mindfull

Are you feeling down, depressed or worried? Is your mind full of negative thoughts or questions? Do you want to talk about your mental health? If so, MindFull is the place for you!

www.mindfull.org

Information Commissioner's Office (ICO)

Aimed at helping young people protect their personal information.

<http://ico.org.uk/youth>

Papyrus

HOPELineUK 0800 068 4141

Support, advice and practical information for anyone who is suicidal or concerned about a young person they know may be suicidal. Open Mon - Fri 10am - 5pm and 7pm - 10pm

Weekends 2pm - 5pm

www.papyrus-uk.org

The Samaritans

10 Newbridge Hill, Bath, BA1 3PU

01225 460888 (24 hr)

www.bathsamaritans.org

National Helpline 08457 90 90 90

Alcohol and Drugs

Alcoholic Anonymous

0845 7697555

www.alcoholics-anonymous.org.uk

AL-ANON

020 7403 0888

Helpline and website offering support to families and friends of alcoholics

www.al-anonuk.org.uk

Bristol Drugs Project

0117 9876000

www.bdp.org.uk

Drink Aware

www.drinkaware.co.uk

Children of Addicted Parents and People (COAP)

Online support for young people affected by someone else's addiction to drugs, alcohol or addictive behaviour such as gambling.

www.coap.co.uk

Developing Health and Independence (DHI)

01225 329411

A local charity formed to help people out of the cycle of homelessness, social isolation and drug or alcohol abuse for people over 19 years.

Project 28

01225 329411

Bath and North East Somerset Drugs and Alcohol Service
28 Southgate Street, Bath, BA1 1TP

Drop in advice centre for young people up to the age of 19 years.

www.dhi-online.org.uk

National Association for Children of Alcoholics (NACOA)

0800 3583456

Helpline and website support.

www.nacoa.org.uk

helpline@nacoa.org.uk

Release

020 7324 2989

Open 11am - 1pm and 2pm - 4pm, Monday - Friday
National centre for drugs and drugs law.

www.release.org.uk

Talk To Frank

0300 123 6600 - 24 hour helpline

Text 82111

Friendly, confidential drugs advice.

www.talktofrank.com

frank@talktofrank.com

Bullying

www.bathnes.gov.uk/services/schools-colleges-and-learning/bullying-discrimination-harrasment

Beat Bullying

<http://www.beatbullying.org/>

Bullying UK

<http://www.bullying.co.uk/>

Childline

0800 1111

www.childline.org.uk/Explore/Bullying/Pages/Bullyinginfo.asp
X

Kidscape

www.kidscape.org.uk

Let's Stop Bullying

www.letsstopbullying.co.uk/children-young-people-info.html

The Cybersmile Foundation

0845 688 7277

info@cybersmile.org

www.cybersmile.org/

The Site

<http://www.thesite.org/healthandwellbeing/wellbeing/lookingafteryourself/beatbullying>

Careers and Employment

11 - 19 Preventative Service - (Was Connexions and Learning Partnership West)

01225 395343

Learning Partnership West provides targeted information, advice and guidance services to vulnerable young people, and other young people at risk of not successfully progressing onto further education, employment and training. We work with young people aged 13-19 in schools and colleges (via referral) and with young people aged 16-19 who are not in education, employment or training (NEET) at a range of outreach locations across the area.

GOV.UK

Education information

www.gov.uk/browse/education/find-course

Jobseeker's Information

www.gov.uk/browse/working/finding-job

Rights and responsibilities at work

<https://www.gov.uk/browse/working/contract-working-hours>

Clean Slate- Youth Employment Scheme

07530 045313

The YES Scheme works with local Bath employers to support paid work opportunities for young people

The scheme engages young people with targeted services, helping them identify their own skills, qualities and opportunities for the future, setting goals, planning actions and growing in confidence. Whilst at the same time approaching employers as an employment business, calling on them to provide small and short-term opportunities to help young people get a foot on the job ladder.

www.cleanslateltd.co.uk

bath@cleanslateltd.co.uk.

A-Z of Careers

www.careersa-z.co.uk
contact@careersa-z.co.uk

Citizens Advice

www.citizensadvice.org.uk/advice4me.htm

Free Careers Advice for adults aged 19 years +

Call 01225 328715 to arrange an appointment at City of Bath College, Avon Street, Bath, BA1 1UP

Receive help with assessing your skills, plan how to find a job, develop your CV and help with interviewing skills

www.citybathcoll.ac.uk

National Careers Service -

<https://nationalcareersservice.direct.gov.uk/Pages/Home.aspx>

Careers Advice online, or through a helpline:

0800 100 900 The helpline is also the same number for the

Careers Information and Advice for Young People

<https://www2.cxdirect.com/home.htm>

Pay and Work Rights Helpline

0800 917 2368

www.gov.uk/pay-and-work-rights-helpline

Citizenship

GOV.UK

<https://www.gov.uk/browse/citizenship>

10 Downing Street

www.number10.gov.uk

<https://www.gov.uk/government/organisations/prime-ministers-office-10-downing-street>

Current Affairs

BBC

www.bbc.co.uk/news

European Parliament

www.europarl.org.uk/view/en/index.html

Democratic Action for B&NES Youth.

DAFBY is committed to strengthening the voice of all young people aged 11- 18 across Bath and North East Somerset and helps enable young people to develop the confidence and skills they need to improve their services, shape and influence policy and decision making. The group meets once a fortnight on a Thursday evening 7-9pm at off the Record Open House Centre, Manvers Street in Bath.

Contact number is 01225 312481

office@offtherecord-banes.gov.uk

UK Parliament

www.parliament.uk/education

UK Youth Parliament

<http://www.ukyouthparliament.org.uk/>



Disability

www.rainbowresource.org.uk

Rainbow Resource is a comprehensive directory of services, community and voluntary organisations, clubs and groups in Bath & North East Somerset, Bristol and South Gloucestershire. The Rainbow Resource is regularly updated and amended.

Community groups, clubs and services can submit details about their organisations via this web site free of charge.

Education

Apprenticeships

www.apprenticeships.org.uk

<http://www.bathnes.gov.uk/services/skills-and-local-employment/apprenticeships>

BBC (Bitesize revision)

www.bbc.co.uk/bitesize

11 - 19 Preventative Service - (Was Connexions and Learning Partnership West)
01225 395343

Learning Partnership West provides targeted information, advice and guidance services to vulnerable young people, and other young people at risk of not successfully progressing onto further education, employment and training. We work with young people aged 13-19 in schools and colleges (via referral) and with young people aged 16-19 who are not in education, employment or training (NEET) at a range of outreach locations across the area.

GOV.UK

Information on qualifications and learning.

www.gov.uk/browse/education/find-course

Library Information:

www.librarieswest.org.uk

Bath and North East Somerset Library Service Enquiry

Centre - A team of professional librarians dedicated to finding an answer to your enquiry:

www.bathnes.gov.uk/services/libraries-and-archives/library-locations-opening-times-and-information/enquiry-centre

National Exam Results Helpline

0808 1008000

<http://www.ucas.com/>

Open University

www.open.ac.uk

Course registration telephone number - 0845 300 6090

Local Colleges and Universities:

City of Bath College

Avon St, Bath, BA1 1UP

01225 312191

www.citybathcoll.ac.uk

enquiries@citybathcoll.ac.uk

Norton Radstock College

South Hill Park, Radstock

01761 433161

www.nortcoll.ac.uk

courses@nortcoll.ac.uk

City of Bristol College

0117 3125000

www.cityofbristol.ac.uk

enquiries@cityofbristol.ac.uk

Bath Spa University

Newton St Loe, Bath

BA2 9BN

01225 875875

www.bathspa.ac.uk

University of Bath

Claverton Campus, Bath,

BA2 7AY

01225 388388

www.bath.ac.uk

University of the West of England

Coldharbour Lane, Bristol

BS16 1QY

0117 9656261

www.uwe.ac.uk

Bristol University

Tyndall Avenue, Bristol

BS8 1TH

0117 9289000

www.bristol.ac.uk

Equality of Opportunity

Children's Rights Alliance for England

020 7278 8222

Advice for children on human rights and equality law in England.

www.crae.org.uk

info@crae.org.uk

Equality and Human Rights Commission

0808 800 0082

Promotes and monitors human rights and protects, enforces and promotes equality across age, disability, gender, race, religion, sexual orientation and gender reassignment.

www.equalityhumanrights.com

United Nations Convention of the Rights of the Child

is an international statement of the civil, political, economic, social and cultural rights of children.

www.unicef.org.uk/Get-Involved/Help-with-your-time/young-supporters/ (UNICEF UK's website for children and young people.)

West of England Centre for Inclusive Living (WECIL)

0117 9479911

www.wecil.com

YAGA (Youth Action Group for Access)

01761 479368

An inclusion forum for disabled children and young people to contribute to decisions that affect them.

Age range: 13-19 years. Every other Monday 4 pm - 6pm

(term time only) alison.hiscocks@thechildrenssociety.org.uk

E-Mentoring - University of Bath Students' Union

Are you aged 12 - 25 years? Are you, or think you might be gay, lesbian, bisexual or transgender? Do you have any questions about sexuality, gender identity or sexual health? Do you just want another young person to talk to about your experiences? Trained e-mentors are available to give confidential, friendly support on all aspects of sexuality and gender identity.

e-mentors@bathlgbt.co.uk

Families and Friends of Lesbians and Gays

0845 652 0311

www.fflag.org.uk

LGBT Youth Group - SPACE

A group in Bath and North East Somerset for young lesbian, gay, bisexual and transgendered people and young people aged 13 to 21 questioning their sexuality. The group every Wednesday 7 –9pm at Off The Record, Manvers Street.

lgbt@offtherecord-banes.co.uk

Mermaids

0208 123 4819

Family and individual support for teenagers and children with gender identity issues.

www.mermaidsuk.org.uk

Stonewall

Lesbian, Gay and Bisexual Equality

Info line - 08000 50 20 20

www.stonewall.org.uk

Environment

Get Green!

Bath City Farm, Kelston View, Bath, BA2 1NW
A practical Skills Project for 16 - 25 year olds, Not in Education, Employment or Training (NEET). Skills learned include Animal Care, Conservation, Horticulture and Grounds Maintenance.
Sessions take place every Tuesday afternoon 1pm - 3pm. A

Avon Wildlife Trust

0117 9177270

www.avonwildlifetrust.org.uk

The Soil Association

0117 3145000

www.soilassociation.org

Bath City Farm

01225 481269

Forests of Avon

0117 9633383

free lunch is provided and bus fares are reimbursed.
Contact Claire Mills on 01225 481269 or email
info@bathcityfarm.org.uk
www.bathcityfarm.org.uk

Department for Environment, Food and Rural Affairs

08459 335577

www.gov.uk/defra

Volunteers Federation of City Farms and Community Gardens

0117 9231800

www.farmgarden.org.uk

Young people's Trust for the Environment

01935 385962

16 years and under

www.ypte.org.uk

Families

Childline - If your parents are splitting up.

0800 1111

www.childline.org.uk/Explore/HomeFamilies/Pages/DivorceSeparation.aspx

Cruse Bereavement Care

0808 808 1677

RD4U (The Road For You) Online and telephone support for young people after the death of someone close to them.

www.rd4u.org.uk

Domestic Violence - For those 11 - 18 years who are experiencing or have experienced domestic violence and abuse.

www.offtherecord-banes.co.uk/domestic_violence_and_abuse.aspx

Offenders' Families Helpline

0808 808 2003

Telephone support and website available with fact sheets.

www.offendersfamilieshelpline.org/index.php/information-sheets

The Hideout

A website to help young people understand domestic abuse and how to take positive action if it is happening to them.

www.thehideout.org.uk

A National Voice

Support for Children and Young People in Care

www.anationalvoice.org

Who Cares? Trust

A support trust aimed at improving lives for children and young people in care

www.thewhocarestrust.org.uk

Gap Year

A Year in Industry

www.etrust.org.uk

Camp America

Summer Working in America.

020 7581 7373

www.campamerica.co.uk

Gap Year Information

www.gap-year.com

Raleigh International

020 7183 1270

www.raleighinternational.org

Working and studying in the EU

01274 829500

www.careerseurope.co.uk

Work and travel programmes

020 7870 9570

www.bunac.org.uk

General Health

BEAT - Beating Eating Disorders

0845 634 7650 (Youthline)

www.b-eat.co.uk

Childline

www.childline.org.uk

Giving up Smoking (including links to other related sites)

www.quit.org.uk

NHS Direct

Telephone number - 111

www.nhsdirect.nhs.uk/about/callingnhsdirect

Teenage Health Freak (A – Z of teenage life, problem page and virtual doctor's surgery)

www.teenagehealthfreak.org

Young Minds

Information on mental health and related issues for young people

0808 802 5544

www.youngminds.org.uk

Indigo Project

A local charity supporting young people 13 - 19 years who self harm.

0117 9602020/07790 645078

www.indigoproject.co.uk

Housing

Citizens Advice

www.citizensadvice.org.uk/advice4me.htm

The Housing Options and Homelessness Team

A free and confidential advice service on a wide range of housing matters. Appointments can be booked in advance by phoning 01225 396296 at the Guildhall, Bath, The Hollies, Midsomer Norton or Riverside, Keynsham (days and times vary). Drop in sessions are also available. In an emergency, people can usually be interviewed immediately in the Guildhall, Bath: www.bathnes.gov.uk/services/Housing

Gateway Service

www.housingsupportgatewaybathnes.org.uk/Data/ASPPages/1/134.aspx

Bath and North East Somerset Gateway Service is a way of accessing a wide range of support services to do with housing, where you may be homeless or at risk of homelessness, or need short term support to resettle or live independently. Applications cover housing related services across the area, including Shape young person's services:

Supported Lodgings Scheme

01225 477802

supported_lodgings@bathnes.gov.uk

The Supported Lodgings Scheme will help young people (16 - 18 years) to develop the practical skills and emotional stability they will need to make the transition to adulthood and make a success of living independently.

www.bathnes.gov.uk/services/housing/find-home/supported-lodgings

Housing advice

0808 800 4444

www.shelter.org.uk

Curo Choice

Curo Choice has a range of diverse services for vulnerable people including a range of services specifically for young people aged 16-25 years. Curo's Young Persons' Services in Bath and North East Somerset include:

- Supported accommodation for teenage parents
- 24 hour cover supported accommodation for young people aged 16-19 with challenging or more complex needs including moderate learning disabilities, mental health needs, alcohol and substance misuse issues, offending background, etc.
- Bath Foyer. This is supported accommodation with an emphasis and services specifically around education, training and getting into work. Currently running a project called Health Conversations designed to engage Foyer tenant and their wider communities in activities and lifestyle choices that improve physical and mental health and wellbeing.
- A range of supported accommodation to meet low and medium support needs
- Time to Talk, our family mediation service for young people. The service is successful in assisting young people to avoid homelessness.
- Floating support for young people that we provide to young people in their own home through the Reach Partnership (we are one of the 3 partners and specifically provide the services for young people)

For further information please contact

Jan Errington - Head of Care and Support

01225 366225

janet.errington@curo-group.co.uk

Law and Crime

Avon and Somerset Police

101 (for non emergencies)
www.avonandsomerset.police.uk

Bath and District Citizens Advice Bureau

0844 8487919
2 Edgar Buildings, George St, Bath BA1 2EE
www.cab-banes.org

Victim Support

National Helpline 0845 3030900
Local helpline: 0845 456 6099
www.victimsupport.org.uk

SHOUT OUT! - off the record's Children's Rights and Advocacy Service

Helpline 01225 312481
Text phone 07753 891745
www.offtherecord-banes.co.uk/our-services/shout-out

Local Council

Bath and North East Somerset

01225 394041
www.bathnes.gov.uk

Missing People

Missing People

116 000 freephone or text
www.missingpeople.org.uk

Money

Citizens Advice

www.citizensadvice.org.uk/advice4me.htm

Department of Work and Pensions

www.dwp.gov.uk

Gamblers Anonymous

Visit the website for lists of meetings and contact details
www.gamblersanonymous.org.uk

HM Revenue and Customs

Government site about paying tax
www.hmrc.gov.uk

GOV.UK

Money and Tax

www.gov.uk/browse/tax

Benefit Adviser

www.gov.uk/benefits-adviser

For student finance, see **Students and Universities** (page 56)

Parent Support

Family Lives

Parentline 0808 8002222

Telephone, online and email support (textphone available for those who are deaf or hard of hearing) on any aspect of parenting and family life.

www.familylives.org.uk

Family Information Service - Bath and North East Somerset
01225 395343

The Family Information Service provides a comprehensive information service for families, professionals and young people in the Bath and North East Somerset area. All enquiries will be dealt with in confidence. We offer up to date, impartial information and advice covering a range of topics which include:

- Supporting families with children aged 0 - 20 years, to choose registered and unregistered childcare.
- Leisure and play activities for children and young people, particularly activities in the Summer break.
- Parent and family support services (including those that support children and young people with additional needs).
- Training and working with children.
- Children's Centre and out of school activities.
- Teenage information safe lifestyle choices.
- Benefits and how to pay for childcare.

Contact on the telephone 01225 395343, available Monday to Thursday 8.45am to 4.45pm and Friday 8.30am to 4.30pm. There is an answerphone outside of these hours or text 07890 998806.

www.bathnes.gov.uk/fis

www.facebook.com/bathnesfis

Parent Information

Advice for parents for help with childcare, schools, family leisure and recreation, children's rights, adoption and fostering, child maintenance, crime and the legal system, money and work entitlements and much more.

<https://www.gov.uk/browse/births-deaths-marriages/child-adoption>

1 Big Database

1 Big Database is the place to find out about organisations, support, events and other useful things going on in Bath and North East Somerset for families, children and young people aged 0-20 years:

www.1bigdatabase.org.uk

Advisory Centre for Education

0300 0115 142

Free education advice for parents.

www.ace-ed.org.uk

Relate

Free online relationship advice for you and your family.

www.relateforparents.org.uk

Parent Partnership Service

01225 394382

The Parent Partnership Service provides parents of children with additional needs, aged 0 - 20 years, with impartial information, advice and support. This Service is available to parents of all children with additional needs (including disabilities and learning needs) who live in Bath & North East Somerset. Your child does not need to have a Statement of Special Educational Needs for you to use the service.

<http://www.bathnes.gov.uk/services/schools-colleges-and-learning/support-parentscarers-educational/parent-partnership-servic-5>

Listening Service/ Counselling

Sometimes you might need some extra support, speak to your school nurse or GP and they may be able to help.

Gingerbread - Single Parents, Equal Families

0808 802 0925

Free information specifically for lone parents.

www.gingerbread.org.uk

Azzoni

0845 467 4904

24 hour helpline to support families with young people aged 10 - 18 years who are, or at risk of, becoming partially or fully cared for by the Local Authority. The service supports families, where appropriate, to enable these young people to return to their families and continue living at home.

www.azzoni.co.uk

Personal Development (also see section Volunteering)

The Duke of Edinburgh Award

www.dofe.org

National Youth Agency

www.nya.org.uk

Raleigh International

020 7183 1270

www.raleighinternational.org

The Prince's Trust

www.princes-trust.org.uk

UK Youth

www.ukyouth.org

Youth FM Radio

<http://youthfm.com>

Racism

Brit Kid

Racial awareness for young people.

www.britkid.org

Equality and Human Rights Commission

Helpline 0808 800 0082

www.equalityhumanrights.com

SARI (Support Against Racist Incidents)

Free local support for victims of racial harassment

0117 9420060

www.sariweb.org.uk

School Nursing

01225 831666

schoolnursing@sirona-cic.org.uk

School Nurses help children and young people learn how to make decisions about living in a healthy way so that they can enjoy and achieve things in their lives. Sometimes young people feel unable to talk with their parents or carers about health problems or worries. School Nurses can listen and help them to decide what to do next.

The service has an email and a general office telephone number of which is answered by school nurses or school nurse assistants. School Nurses also provide the Enhanced Sexual Health Service. This is a free confidential sexual health service for young people, operating in various schools and youth clubs throughout B&NES. It offers sexual health advice, as well as contraception, pregnancy testing and Chlamydia testing kits. It is an award winning service known for confidentiality, accessibility, being friendly and also up to date.



Sexual Health

www.ccardfreecondoms.co.uk

Contraceptive and Sexual Health Advice Line

01225 831593

C CARD

With a C Card you can get free condoms from a variety of places such as pharmacies, youth clubs (see pages 15 - 17), Off The Record (see page 29) the NHS walk-in centre in Bath (CASH), Health Centres and School Nurses.

U Card Scheme

If you have a U Card you can go to any GP Surgery, Family Planning Clinic, Young Person's Clinic, CASH, GUM (Genito-Urinary Medicine) Clinic, Paulton MIU and Walk-in-centre in B&NES and they will know that you need an urgent same-day appointment for Emergency Hormonal Contraception (morning-after pill). The receptionist won't need any further explanation but will arrange for you to have an urgent appointment (the U stands for urgent). You can get a U Card from your school nurse, youth worker, and Off the Record.

CASH (Contraceptive and Sexual Health)

01225 474242

Riverside Health Centre, James Street West, Bath, BA1 2BT

Mon– Fri

3pm - 5pm (walk in)

Appointments out of these hours are available on request

Saturdays

11am - 2pm (walk in only)

Keynsham Health Centre

01225 831593 (for appointments) or 0117 9461059 during clinic times

St Clements Road, Keynsham, Bristol, BS31 1AG

Open Wednesdays from 6.30pm appointments only - young people friendly.

Paulton (Minor Injury Unit) Young people's walk-in clinic

Paulton Hospital, Salisbury Road, Paulton, Bristol, BS39 7SB

Everyday 8am - 9pm

Brook

Free confidential and sexual health advice for young people.

0808 802 1234

www.brook.org.uk

Brook Advisory Centre, Bristol

0117 9290090

3rd Floor, The Station, Silver Street Broadmead, Bristol, BS1 2AG

Services include Contraception, screening for infections, counselling and referral for abortion.

Staying Safe

Chatdanger

A site all about the potential dangers on interactive services online such as chat, Instant Messenger and online games.

www.chatdanger.com

Child Exploitation and Online Protection Centre (CEOP)

Information on online safety for 11 years + and how to report any concerns.

<http://www.thinkuknow.co.uk>

Suzy Lamplugh Trust

Information to help keep you safe. Fact sheets include:

- Dating safety
- Safety on the internet
- Halloween Safety
- Staying safe on the streets
- Safety on public transport

www.suzylamplugh.org/personal-safety-tips/

Students and Universities

NUS (National Union of Students)

0845 521 0262

National union of students.

www.nus.org.uk

UCAS

0871 4680468

Universities and colleges admissions service. Helping students into higher education.

www.ucas.ac.uk

enquiries@ucas.ac.uk

Hot Courses Student Money

Guides to planning student finance including loans, and scholarships.

www.scholarship-search.org.uk

Prospects

UK's official Graduate careers website.

www.prospects.ac.uk

Student Finance England

0845 300 5090

Services and information on financial support for students in higher education.

www.gov.uk/browse/education/student-finance

Travel

First Group Buses and Trains

0871 200 2233 Traveline for bus and rail timetable enquiries

www.firstgroup.com/ukbus

www.firstgroup.com/uktrain

National Rail Enquiries

www.nationalrail.co.uk

08457 484950

Railcard (16 - 25 years)

Save 1/3 on rail fares across Britain.

www.railcard.co.uk

National Express Coaches

08717 818178

Disabled persons helpline 08717 818179

www.nationalexpress.com

Young Persons Coachcard (aged between 16 and 26 years)

www.nationalexpress.com/coach/offers/studentcoachdeals.cfm

<http://www.nationalexpress.com/waystosave/young-persons-coachcard.aspx>

Sustainable transport and Cycling

0845 1130065

www.sustrans.org.uk

Volunteering

Volunteering England

www.volunteering.org.uk

Volunteering

Independent charity championing youth volunteering.

www.vinspired.com

Change Makers

020 3078 9593

Independent charity and social enterprise that enables young people to make a contribution to society.

www.changemakers.org.uk

Worldwide volunteering

01935 825588

A charity supporting people to take part in fulfilling and inspiring volunteering projects in the UK and around the world.

www.wvw.org.uk

International Citizen Service (ICS)

A once-in-a-lifetime volunteering opportunity 18 to 25 years

www.volunteerics.org

Young Parents

The 'Young Parents' One-Stop Shop' booklet is available from your midwife in a Young Parent Pack. Copies can also be posted by the Family Information Service. It is a detailed support booklet for all young parents in the area.

Could you be pregnant?

0808 802 1234

www.brook.org.uk/pregnancy/could-you-be-pregnant

Young Parents Project

01225 312481 or 07753 891 745

Giving young parents and parents to be - both mothers and fathers - aged 19 and under, information, support, advice and practical assistance however they need it.

(please note that the project only runs 21 hours a week).

www.offtherecord-banes.co.uk/our-services/young-parents/

Young Parents' One Stop Shop

For parents and parents to be aged 19 and under. Practical advice, support and to see a midwife or health visitor.

Parkside Children's Centre, Charlotte Street, Bath, BA1 2NE
Drop in on **Thursdays between 2pm and 4.00pm**

Contact 01225 396662

Radstock Children's Centre, Church Street, BA3 3QQ

Wednesdays Contact Louise or Catherine on 01225 396660

Chew Valley Children's Centre, Chew Lane, Chew Magna, BS40 8QA. **Tuesdays 12.45pm - 2.15pm** Contact 01225 395458

Care to Learn

0800 121 8989

A grant available to young parents to pay for childcare whilst they are in education or training who commence studying before the age of 20.

www.gov.uk/care-to-learn

Family Information Service

The Family Information Service is an award winning, quality accredited information service for parents and carers of children and young people aged 0 to 20 years.

The Family Information Service also provides information on:

- Leisure activities
- Birthday party ideas
- Childcare options
- Parent and toddler groups
- Play opportunities
- Specific information for children and young people with additional needs
- Working with children
- And much more!

Please contact us on 01225 395343 fis@bathnes.gov.uk
www.facebook.com/bathnesfis

If you notice any incorrect details in this publication, please let us know. Also, if you would like your facility, club or organisation mentioned in this booklet please contact us and we will include you in the next edition.

- Support for your Young Family
- Dance, Drama, Music and Theatre
- Days Out
- Leisure Centres
- Museums
- Parks and Gardens
- Sports Clubs
- Uniformed Youth Groups
- Youth Clubs
- Summer Activities
- After School and Saturday Clubs for Children with Additional Needs

Family Information Service (FIS)

Freephone helpline: 01225 395343 during office hours, out of office hours there is an answerphone service

Email: fis@bathnes.gov.uk

Mobile/Text: 07980 998906

This document can be made available in a range of languages, large print, Braille, on tape, electronic and accessible formats from FIS.

