



The Government Standard



### How to Contact us:

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**Bath & North East  
Somerset Council**

**NHS**  
*Bath and  
North East Somerset*

## Community Based Assessment



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## Information For Parents

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A Community Based Assessment is being arranged for you because of concerns about the care of your child/ren. These concerns will have been explained to you by your child's social worker and you should be aware of what changes are needed to help you care for your child.

### **What is a Community Based Assessment (CBA)?**

The assessment looks at your parenting skills and the way your family is currently functioning. The focus of this work will be on the needs and experience of your child/ren and your ability to respond to their needs and where necessary be helped to make positive changes.

The assessment will work with you to consider:

- Your experiences of being parented and how this has affected you.
- Stability, security, safety and routines for your children.
- Your responses to stressful events and how you cope.
- How willing you are to take and respond to advice.



### **Through our Community Based Assessment:**

We will assess your parenting ability and where there are particular issues for you as a mother or father we will involve other professionals. This could include: Mental Health, Learning Disabilities, Domestic Violence and Drugs and Alcohol services; this will depend on each individual.

### **We aim to:**

- Create the best outcomes for your child/ren.

### **This will be achieved by, helping you to:**

- Enjoy your experience as a parent.
- Reduce the stresses in your life.
- Address particular areas of difficulty in your life e.g mental health problems.
- Learn how to deal with life events.

### **What will happen?**

Your child's social worker will remind you of the content of the letter you have received from them, stating the concerns that have been identified. Those contributing to the assessment will give details of what they will be assessing and the duration of their work. You will be kept informed of the progress you are making and any additional concerns that have been identified.

You will be given every opportunity to improve your parenting, however if you do not make use of this work and your child's needs are not being met the situation will be reviewed.

The CBA is coordinated by a senior practitioner who will ensure your sessions are planned with you. You will then be given written details of when you are expected to attend.

The assessment aims to help you develop a greater understanding of your children's emotional, behavioural and developmental needs and ways to respond to those needs over time. The assessment offers an opportunity for you to learn and practice new skills in a supportive environment.